

# NOSOCOMIAL INFECTION AND CONTROL MEASURES

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## I. INTRODUCTION

The hospital acquired infections otherwise called Nosocomial infection. It occurs in hospital or other healthcare or other healthcare facilities. It occurs in hospital, nursing home, outpatient clinic or other. The contaminant equipment, bed lines or air droplet spread infection.

Indwelling catheters, procedure using intravascular, antimicrobial lock therapy. Unexpected blood borne pathogens introducing antibiotics, catheter. Main route of transmission contact by direct contact method. Droplet transmission by droplet containing microbes from infected person. Droplet is generated from coughing, sneezing and taking bronchoscope. Particle less than 5Mm or small size suspend air for long time so the dust particle contain infectious agents. Air borne transmission by environmental factors. Transient flora *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Acinetobacter*, *Enterobacter*, *Candida spp.* This goal of hand hygiene by washing normal antiseptic soap hand washing, alcohol based hand rubs. Gloves use of reduce risk. Fomite can transmit microbes. Surface sanitation by non-flammable alcohol vapor in CO<sub>2</sub>. For this study, we used settle plates technique to estimate bacterial load in the indoor air of wards.

The present study carried out on the Government hospital, Kumbakonam, Thanjavur(D.t) health care facility in the city of kumbakonam provides high level Medicare to a large population of people in a highly populated state, and render mostly free medical services.

**Result:** *Pseudomonas aeruginosa* is a very significant contaminant present in hospital environment

## II. SUMMARY

Nosocomial infections make up an important problem in public health care. Nosocomial infections are influenced by the microbes' intrinsic virulence as well as its ability to colonize and survive within an institution. In the present study, the microbes were collected from Kumbakonam Government hospital.

The microorganisms were identified using biochemical and culture techniques. The microbes isolated include Environmental *Klebsiella sp.*, *Pseudomonas sp.*, *Aeromonas*, *Proteus sp.*, *E.coli*, Outpatient ward *E.coli*, *Klebsilla sp.*, *Pseudomonas sp.*, *Enterobacteria*, ICU *E.coli*, *Staphylococcus sp.*, Male surgery ward *Pseudomonas sp.*, *Enterobacteria*, *Proteus sp.*, *Klebsilla sp.*, Maternity ward *E.coli*, *citrobacter*, *Pseudomonas sp.*, *Shiella sp.*, *Salmonella sp.*, the microbes were isolated.

The bacteria isolates listed above as common pathogens isolated from hospital environment (Amadi and Amadife, 2006; Madigan et al., 2000);

In this study, it was proved that the hospital environment had a more microbial load. The plating techniques showed more colonies observed in the environment and all wards due to hygienic and poor waste management systems. So, care should be taken to control those environmental factors which favour the growth of microbes in indoor environments.

A hospital environment may not be a place where people get well and but also be a place where sick people get sicker (Madigan et al., 2000).

The alarming frequency with which microorganisms in hospital environments are resistant to antibiotics, particularly by the mechanisms of transmissible drug resistance and the fact that the antibiotics to which they remain sensitive are often highly toxic, has made nosocomial infection a serious problem (Thomas, 1987).

In our present investigation, the hospital surroundings and different wards like maternity ward, ICU, and male surgery ward, outpatient ward, consist of more antibiotic resistance bacteria. Care should be taken to maintain the environment and wards, cleanliness and to reduce transient microbes and their diseases.



**Figure 2 :Site of sample collection at different wards in Government Hospital Kumbakonam**



(a) OP



(b) Male surgery Ward



(c) Environmental Sample Collection



Figure : 3 Isolation of Micro Organisms in different wards at GH in Kumbakonam.(a-c)



(a)



(b)



(c)

Figure : 4 Isolation of Micro Organisms in different wards at GH in Kumbakonam.(a-b)



(a)





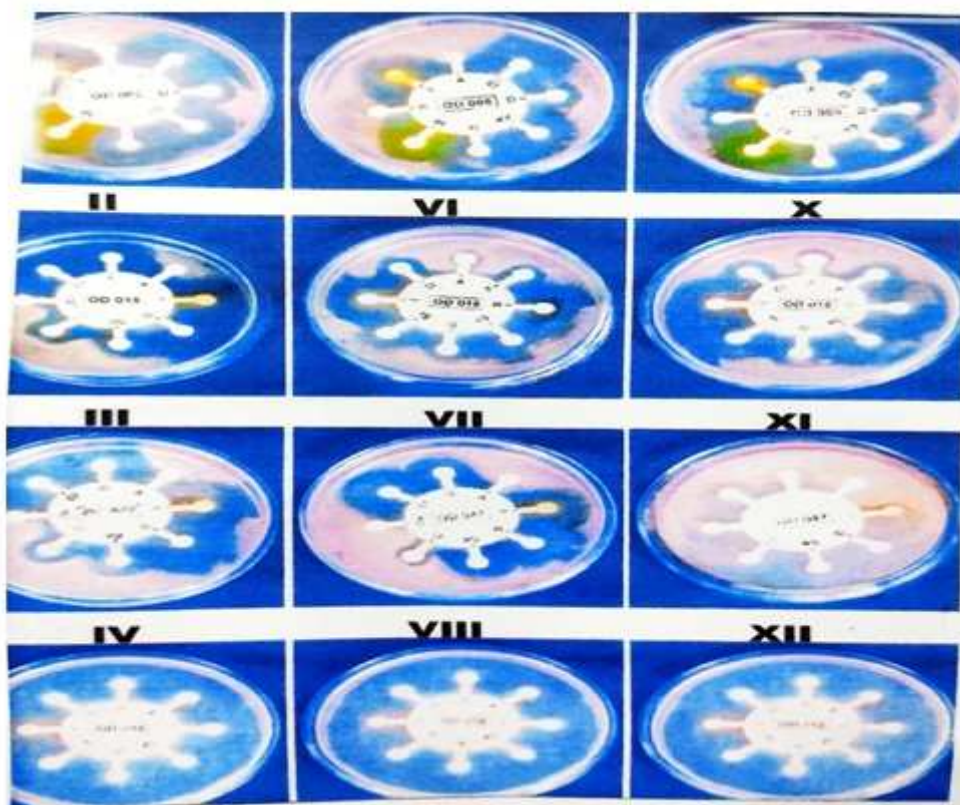
Figure : 5 Isolation of Micro Organisms in different wards at GH in Kumbakonam.(a-b)



( a ) *E coli* in EMB Agar medium –colony morphology



( b ) *Staphylococcus aureus* in Mannitol Salt agar Agar medium colony morphology



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