

ADVANTAGES OF NURSING CLINIC

Abstract

Nursing clinic has many advantages as described in the following chapter such as regular health service, 24/7 care, daily care, help with housework, regular nutritional plan, benefits for the family, financial benefits, promote socialization, safety and security, self care. Nursing clinic have many benefits for the community to improve the physical, mental ,social well being for 24/7 and help the people how are suffering from dementia, long term diseases, learning disabilities etc.

Keywords: Nursing clinic, daily care, financial benefits, promote socialization, safety and security, self care.

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I. INTRODUCTION

The benefits of these clinics cannot be overstated. They assist with daily chores, household chores, regular meals, health care, private health care, community relations, safety and security pregnancy, stress on family members, and access to outside services. If a family member needs more care than the next of kin can provide, it's time to consider hospice care. Nursing homes are also known as nursing homes. When looking for a nursing home for a loved one, it is sometimes difficult to decide which facility will best suit their needs.

In short, hospitals help people who need more care and support than cleaning, dressing, giving medication or other personal treatment. Nursing homes, sometimes called nursing homes or assisted living facilities, are run by qualified nurses and aides to provide home care as well as care and assistance nursing. The aim of the nursing home is to provide care and support to people with special needs or different types of disabilities who are facing problems in their daily lives and need more support. A nursing home will always have at least one skilled nurse, which means residents receive 24hour medical and nursing care. Some hospitals offer specialized care services where staff are trained to deal with specific conditions. The facility specializes in caring for people with dementia, learning disabilities, substance abuse and more. Whether a person needs short term or long term care, nursing homes are for people who go to the hospital, who cannot receive quality care at home because they need regular care, but do not need it. For example, a person who has had a stroke may need to go to a nursing home if they need intensive care or are unable to swallow and need feeding. Medical facilities can improve residents' quality of life. When considering how to age well, you need to make sure your loved one gets the best possible care.

II. NURSING CLINIC HAS THE FOLLOWING ADVANTAGES

- 1. Health Services:** Nursing Clinic employs trained health personnel who are ready to quickly and effectively solve emerging medical problems. Staff administer drugs at appropriate times and arrange for further investigations if deemed necessary. Good nursing homes provide quality care to their residents. They always have trained nurse staff ready to deal with any medical problem that may arise. The services they provide include dressing, dressing, medication, healthcare, pain management, emergency services and more. Provide special treatment. Some older people have diseases that require special care, such as Alzheimer's or dementia. For this reason, elderly nursing homes need trained personnel who can meet their special needs.

Nursing staff may also be responsible for negotiating the health system on behalf of the person they care for. Participants can schedule a meeting to share specific information about local health services such as nursing, social work, and other health services. They can also invite local health organizations to help connect groups to services and inform them about health care coverage, providers such as local clinics, and home services.

- 2. 24/7 Care:** The best thing about having a loved one at the hospital is that there is continuous care 24 hours a day, 7 days a week. It is not possible for family members to provide them at home. While it is possible to monitor a loved one using a webcam, the need for this type of monitoring means home caregivers can never truly relax. In

hospitals, there are always medical personnel who will monitor and intervene to help their loved ones when necessary. Because they can also help with health problems.

3. **Daily Care:** Many elderly people do not have to bathe, dress, eat, drink, go to the toilet, etc. Has difficulty completing daily activities. They need extra care to be successful. Nursing homes always have staff to assist them with their daily tasks. Many people find that they have problems with many day-today tasks in their daily lives and there are always members of the hospital to assist with these tasks.
4. **Help with Housework:** Elderly people may not be able to do things such as cleaning the environment, cleaning clothes. There is a special role in the hospital responsible for cleaning and washing clothes. They make sure that the place where the elderly are located is clean, their beds are changed regularly, and their clothes are washed and ironed regularly.
5. **Regular Nutrition Plan:** While some of the elderly cannot cook on their own, some of them cannot eat on their own. Still, some forget to eat or drink on time, especially if they have a condition such as dementia. You don't have to worry about whether your senior is eating while in the hospital.

The nursing home provides them with a healthy and balanced diet. Some nursing homes even have nutritionists and/or nutritionists who can help with special diets.

6. **Benefits for the Family:** As a family, everyone thinks that the person you love is safe at the hospital, that he/she gets his/her food and medicine on time, and that people at home can go and go. old life. Since most people care for the elderly and sick relatives often have children at home, it's nice to be able to re-prioritize their needs.

You can increase your services to your whole family when the clinic is close enough to your home to allow occasional, even daily, or even short visits. Having an elderly family member can be stressful for other family members. Your career and family suffer when you try to find time to care for an elderly person and vice versa. It is therefore recommended that you take them to a nursing home where they will be well looked after while you spend more time with yourself, your family and your work. When you go to a nursing home, you should know the pros and cons of living there.

Elderly family members can create stress for other family members. Your career and family suffer when you try to find time to care for an elderly person and vice versa. It is therefore recommended that you take them to a nursing home where they will be well looked after while you spend more time with yourself, your family and your work. Someone went to a nursing home.

Carers face many challenges, including a tendency to neglect their own physical and mental health in order to help others. Support groups are one way caregivers reduce stress. These groups focus on topics that help them share their experiences, provide comfort and understanding, and help them share important insights. They make sure that the old man's house is clean, that his bed is changed regularly, that the man's clothes are washed and ironed regularly.

5. **Regular Health Care:** Although some elderly people cannot cook on their own, there are also elderly people who cannot eat on their own. But some people, especially those with diseases such as dementia, forget to eat or drink on time. You don't have to worry about whether your seniors are eating while in the hospital. Nursing homes keep them healthy and balanced. Some nursing homes even have nutritionists and/or nutritionists who can help with special diets.
6. **Benefits for the Family:** As a family, everyone thinks that the person you love is in the hospital, that food and medicine are taken on time, and that the family can walk past life. Given that most people care for the elderly and sick relatives at home, it's nice to be able to meet their needs again. You can increase service to your entire family when the hospital is close enough to your home to allow occasional, daily, or even short-term visits. Having older family members can be stressful for other family members. Your career and family suffer when you try to find time to care for an elderly person and vice versa. It is therefore recommended that you take them to a nursing home where they will be well taken care of while you spend more time with yourself, your family and your work. When you go to a nursing home, you should understand the pros and cons of living there.

Elderly members of the family can cause stress on other members of the family. Your career and family suffer when you try to find time to care for an elderly person and vice versa. It is therefore recommended that you take them to a nursing home where they will be well taken care of while you spend more time with yourself, your family and your work. Someone went to a nursing home. Care givers face many challenges, including neglecting their own physical and mental health in order to help others. Support groups are a way for caregivers to reduce stress. These groups focus on topics that help them share their experiences, provide comfort and understanding, and help them share important insights.

7. **Private Hospitals:** Many nursing homes have more than one care room.

If your loved one has dementia or Alzheimer's disease, many nursing homes have specialized care facilities with trained nurses. Nursing homes also often staff occupational therapists, physiotherapists, and psychologists to provide medical and/or acute care when needed and to easily transport your loved one to various medical facilities.

Good medical facilities provide their residents with good treatment. They always have trained nurse staff ready to deal with any medical problem that may arise. The services they provide include dressing, medication, health care, pain management and emergency services.

8. **Social Advantages Hospital:** Social advantages hospital has many options for residents who have the opportunity to attend. Patients can practice arts and crafts, play bridge or bingo, and encourage clinical social interaction without leaving the facility. Living in a social environment is one of the most important benefits of a nursing home. Humans are social animals and naturally seem eager to be with and interact with humans.

Aging comes with loneliness, which can lead to depression. Therefore, one of the main reasons why the elderly stay in the hospital is to be with their friends and interact

with them. There are also fun activities like going out, playing sports, and other activities that keep you active and rejuvenating. The safety of the elderly cannot be guaranteed, especially when they are alone. Elderly people with dementia can easily forget to close windows or doors, putting them in dangerous situations. But living in a nursing home makes them feel safe because staff have a responsibility to ensure residents' safety.

- 9. Financing Benefits:** Obviously, facilities vary from nursing home to nursing home, and the more nursing homes there are, the higher the cost. Many nursing homes are Medicare and Medicaid approved, so these plans usually cover eligible patients.
- 10. Promote Socialization:** Living in a social environment is an important benefit of a nursing home. Humans are social animals and naturally seem eager to be with and interact with humans. Aging comes with loneliness, which can lead to depression. Relationship; for this reason, one of the main reasons for the elderly to live in a nursing home is to be with their friends and interact with them. They can also participate in recreational activities that will energize them and stimulate the brain, such as going out and playing sports.
- 11. Safety and Security:** The safety of the elderly cannot be guaranteed, especially when they are alone. Elderly people with dementia can easily forget to close windows or doors, putting them in dangerous situations. But living in a nursing home can make them feel safe because staff have a responsibility to ensure residents' safety.
- 12. Exploring the Outside World:** The world is developing technology and some of our elders are lagging behind. During their stay in the nursing home, the staff on duty can help them in every aspect related to technology. Whether it's a phone call or an email, they can get help from anyone to help them stay in touch with their family and friends.
- 13. Self-Care:** Selfcare is very important to caregivers and is often the first thing to overcome caregiver neglect. Lack of selfcare can lead to violence. Personal care has many topics that can be discussed in a one-on-one conversation. For example, Participants can share tips on diet and exercise, effective ways to deal with emotions, strategies that work and those that don't, ways to overcome and relax the pressure of distress, and other stress relievers. Groups may also recruit specialist professionals such as therapists, counsellors or psychotherapists.
- 14. Relationships:** Caregivers go through many changes, especially when caring for their loved ones. Issues related to changing family relationships can be important points of discussion for the dissemination of information and the normalization of the group's experiences.

If the care recipient is a spouse or family member, group discussions can also be structured around personal experiences of marriage and family change and loss. The group can also offer advice on how to maintain healthy boundaries and care for loved ones while you're away. Group participants can also discuss issues related to daycare issues such as respite care and finding support.

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