MALARIA & DENGUE FEVER TOGETHER CURED BY HOMOEOPATHY - EVIDENCE BASED CASE

# MALARIA & DENGUE FEVER TOGETHER CURED BY HOMOEOPATHY - EVIDENCE BASED CASE

#### Author

#### Dr. Anita Nanakram Chawla

B.H.M.S., M.D. (Homoeo) Nashik's 1st M.D. Homoeopath Nashik, Maharashtra, India

On 28-09-2015at 12 noon, Mrs. X. aged 49 Years, a school teacher, came along with her son with following complaints.

- 1. High grade fever with chills since 3 days. Sudden onset, < evening
  - H/O: drenched in rain and was wet for longer period. No H/O of mosquito bite.
  - No H/O dengue fever or malaria among the school teachers
- 2. Severe Headache since 3 days,

Onset Sudden; <morning, more in evening.

- 3. Appetite decreased since 3 days
- 4. Severe throbbing pain behind eyes since 2 days,
- 5. Body ache and generalised weakness since 2 days
- 6. Retrosternal burning since 2 days

#### O/E:

**PR:** 108/min, **Temp:** 103.8<sup>0</sup>F,

**Tongue:** Dry+, Slight White

#### **Treatment**

**RHUX TOX 30** was given every 2 hourly as patient got drenched in rain, and was wet for longer period.

#### Also advised:

- To take nutritious diet.
- ORS

#### Follow up 30/09/2015 –

All complaints were as it is PR: 108/min, Temp: 103.6°F

#### **Investigations:**

CBC - WBC - 3800

M.P. test – Trophozoites of Pl. Vivax positive

**Dengue Antibody test** – NS1 Ag positive & IgG Positive

IIP Series, Volume 3, Book 3, Part 5, Chapter 5

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#### **Treatment:**

RHUX TOX 200 was given every 2 hourly

#### 01/10/2015 -

All complaints were as it is **PR:** 113/min, Temp: 103.6°F

As all complaints were as it is, detailed case history was taken to give constitutional medicine

**Past history:** Chicken pox − 10 years old.

#### **Personal History**:

- Desire Non-veg, sweet, bakery products
- Thirst: Appro.2  $2\frac{1}{2}$  lit / day
- Menses too late, scanty, dark red, Sticky
- Thermal: Hot
- Medium built

#### **About his nature:**

- Short tempered
- Lazy patient (indolent),
- Emotional, easily weeping,
- Craving for parental love & care,
- Doesn't like if someone says about her family,
- Company desire
- Loneliness feeling as all are busy watching mobiles

**Diagnosis** – Malaria & Dengue fever

Miasmatic Diagnosis – Psora

## **Homoeopathic Treatment**

Magnesia Carb 30 – three times in a day

#### **Indication of Magnesia Carb:**

Emotional, easily weeping, Short tempered

Craving for parental love & care

Doesn't like if someone says about her family Company desire

Loneliness feeling

Desire – Non-veg, Bakery product Menses too late, scanty, dark red, Sticky Retrosternal burning Throbbing headache, severe throbbing pain behind eyes Fever < evening

## Follow up:

#### 02/10/2015 -

Fever was reduced in morning. But it was again increased in evening 103.4°F No retrosternal burning. Headache, bodyache and pain behind eyes reduced. Appetite improved Investigations:

CBC – WBC – 3100. HB% and Platelet count were good

**Treatment:** Mag. Carb 30 /3 times was repeated as there was slight improvement seen.

#### 03/10/2015 -

Fever was reduced in morning. But it was again increased in evening to 101.8°F No retrosternal burning. Headache, bodyache and Pain behind eyes reduced considerably Appetite improved.

**Treatment:** placebo 3 times was given

#### 05/10/2015 -

Fever came in evening 100.4° F. Continuous improvement seen Investigation: CBC – WBC – 6600. HB% and Platelet count were good Treatment: Placebo 3 times was given

#### 06/10/2015 -

No further improvement seen

**Treatment:** Mag. Carb 30 /3 times was repeated

#### 07/10/2015 -

No complaints. Placebo 3 times was given.

#### **Investigation:**

- CBC WBC 7800. HB% and Platelet count were good
- M.P. test Negative
- Dengue Antibody test NS1 Ag negative and IgG Ab negative. Only IgM Ab positive

**Again investigations** were not done as Dengue antibody test IgM Ab remains Positive for minimum 90 days (According to the Pan American Health Organization guidelines 93-99% of cases have detectable IgM by day six to ten of illness, which may then remain detectable for over 90 days)

**08/10/2015 to 15/10/2015**: No complaints. Placebo 3 times was given per day

#### I. DISCUSSIONS

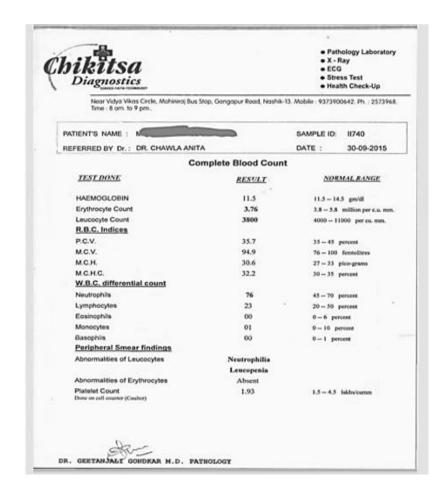
In Malaria and dengue fever, constitutional medicine is very important. After giving constitutional medicine, this patient started responding from next day onwards. Did not develop rashes and other complications such as internal bleeding, dropping of B. P., Jaundice, Cerebral Maleria (Coma), etc.

#### II. CONCLUSION

- 1. Acute diseases like, Dengue fever & Malaria and very urgent cases can be treated very well by homoeopathy.
- 2. Acute diseases can be treated faster than other conventional system of medicine.
- 3. Complication of diseases can be avoided
- 4. Sound knowledge of M.M. & O.P.

#### **III.REPORTS**

#### 1. Before Treatment (01 CBC)



# 2. Dengue Antibody & MP test



# 3. During Treatment(03 CBC)



### 4. During Treatment(04 CBC)



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# 5. After Treatment(05 CBC)



## 6. Dengue Antibody & MP test

