# A NOVEL APPROACH TO DRUG DELIVERY SYSTEMS: MICROSPONGES

#### Abstract

#### Authors

To maximize therapeutic efficacy and cost-effectiveness, innovative drug delivery technology has developed intensely competitive and is growing quickly. Microsponges are one of these cutting-edge techniques precise, developing for controlled, and target-specific medication administration. Microsponges are microscopic polymeric particles with porous surfaces resembling sponges, and pore ranges in size from 5 to 300 microns. The microsponge system can be made into gel, ointment, creams, liquids, or powders with good efficiency. More recently, it has been made into tablets and capsules for oral delivery. Lyophilization, ultrasonic assisted manufacturing, liquid-liquid suspension, and quasi-emulsion solvent diffusion can all be used for producing microsponges. Particle size, morphology, surface topography, loading efficiency, practical yield estimation. accurate density estimation, pore structure, compatibility dissolution studies, and release tests. kinetics will all be examined for these. The multifunctional microsponge technology is discussed in this review, along with its benefits, manufacturing processes, and applications..

**Keywords:** Microsponge, Porous Surface, Control Release, Drug Delivery System.

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#### I. INTRODUCTION

Novel drug delivery systems (NDDS) that can control drug release rates or target medications to a specific body site substantially impact the healthcare system. Carrier technology provides a cutting-edge approach to drug administration by affixing the medication to a carrier particle, such as microsponges, microspheres, nanoparticles, liposomes, etc., which regulates the release and absorption characteristics of the medicines. Microsponges are crucial DDS due to their small size and excellent carrier properties. [1]

Won created the microsponge technique in 1987, and Advanced Polymer Systems, Inc. obtained the initial patents. The Microsponge Delivery System(MDS) is a patented, polymeric, highly cross-linked system with porous microspheres. They consist of minuscule, spherical particles with a spongy-like texture, many empty spaces, and an impenetrable framework that connects them. This porous surface regulates the rate of release of the active substances. Microsponge sizes range from 5 to 300  $\mu$ m in diameter, whereas a typical 25- $\mu$ m sphere can have up to 250000 pores. (Figure 1). This Microsponge technology has numerous advantages, making it a versatile drug delivery vehicle. These characteristics enhance stability, reduce adverse effects, and favorably modify drug release. [1,2]



Figure 1: Highly Porous Nature of a Microsponge

Earlier, by overcoming the shortcomings of conventional dermatological formulations like uninhibited loss of active ingredients, disagreeable odour, interim overmedication followed by long-standing under medication, rashes, or more severe unwanted effects when active substances enter the skin, this system was employed to improve the performance of topically applied drugs.[3]

The oral route is the recommended way to administer therapeutic medications due to its low cost of therapy and ease of administration, which may lead to increased patient compliance. Some drugs are easily absorbed in the gastrointestinal tract, have a short halflife, and are quickly eliminated through blood circulation. Orally controlled release formulations, which release medication gradually into the digestive system and aid in maintaining steady medication concentration in the serum for extended periods, have been created to address these issues. The use of microsponge technology is unique because it allows for the regulated release of medications while also speeding up the rate at which drugs that are poorly soluble in water dissolve.[4]

## 1. Characterstics of Microsponges [5]

• Retain their stability in the pH range of 1 to 11

- Maintain their stability up to 130°C
- Companionable with most vehicles and ingredients;
- Since bacteria cannot pass through their 0.25 μm average pore size, they are self-sterilizing;
- carry a greater payload (50–60%), are still free-flowing, and are potentially economical.

#### 2. Advantages [5,6]

- Up to six times, its weight can be absorbed without drying out to advanced oil control.
- Increased product elegance.
- Immiscible items may be incorporated using MDS
- Enhances thermal, physical, and chemical stability.
- Enhanced drug stability
- It enhances material processing; for instance, liquids can be turned into powder.
- Drug release that is controlled and extended for up to 12 hours.
- Site-specific action results for the target organ.
- Reduced irritability and improved tolerance lead to greater consumer acceptance.
- The flexibility to create new product forms.

#### **II. MEHODS OF PREPARATION [4,5,6]**

**1. Liquid-Liquid Suspension Polymerization Method:** In liquid-liquid systems, suspension polymerization is a one-step method used to create microsponges. First, the monomers are dissolved in a suitable solvent solution containing the active components (non-polar drug), which are then dispersed in the phase of water with stirring. In order to aid in the preparation of suspension, aqueous phases frequently contain additives like surfactants and suspending agents, among others. Once separate droplets of the desired size have been produced in the suspension, polymerization is started by adding a catalyst, raising the temperature, or using radiation. The polymerization procedure produces a reservoir-like system with pores opening at the surface. In other instances, the pore network is created during the polymerization process using an inert solvent that is entirely miscible with the monomer but immiscible with water. Following the completion of the polymerization process, the liquid is removed, leaving the microsponges. These prefabricated microsponges are then permeated with a variety of active ingredients, including as antifungals, rubefacients, antiacne agents, and anti-inflammatory agents, and they serve as topical carriers. Solvents may occasionally be utilised to incorporate useful compounds more quickly and effectively. A two-step process is utilized if the drug can polymerize under certain conditions. Under moderate conditions, the drug is substituted by a functional component, and the polymerization is carried out using a different porogen. The steps of liquid-liquid suspension polymerization processes are summarised in Figure 2.



Figure 2 : Liquid-Liquid Suspension Polymerization Method

2. Quasi-Emulsion Solvent Diffusion Method: This technique is frequently used to make oral and topical microsponges. This method entails the creation of two phases, the inner organic phase and the external aqueous phase. The internal organic phase is where the medicine is located. With the aid of a mechanical stirrer, the internal phase is added to the exterior phase drop by drop over the course of 60 minutes. Continuous stirring produces quasi-emulsion droplets, while organic solvent evaporation produces solid cages of microsponges. The microsponges were then separated by filtration and dried for 12 hours in the oven. Figure 3 highlights the procedures for producing microsponges using the quasi-emulsion solvent difusion method



Figure 3: Quasi-Emulsion Solvent Diffusion Method

**3.** Multiple Emulsion Solvent Diffusion Method: The technique was intended to create permeable, biodegradable microspheres. First w/o emulsion is prepared using suitable w/o emulsifier and then this w/o emulsion is subsequently dispersed once more in an aqueous phase with suitable o/w emulgent to create a (w/o/w) double emulsion. The use of

capturing both soluble and insoluble drugs is made clear by this procedure. Using this technique, proteins and other thermolabile substances can be loaded.

- **4. Addition of Porogen:** In this method, the many emulsions were swapped out for porogen's like sodium bicarbonate or hydrogen peroxide. To accomplish this, a single-phase system was developed by combining the polymeric solution, which dissolved the porogen with an aqueous phase that included polyvinyl alcohol. Then an initiator was applied to produce many emulsions, then organic solvent was then withdrawn, leaving the particles alone to create microsponges, after which the particles were dried.
- **5.** Lyophilization: This method was used to create porous microspheres from the gelation procedure's generated microspheres. After being treated in chitosan hydrochloride solution, the microspheres were then stored for lyophilization. The fast solvent removal in this method results in microsphere holes. The lyophilization method for manufacturing MDS has the drawback of resulting in shrunken or otherwise fractured micro particles due to the fast elimination of solvent.
- 6. Ultra Sound Aided Production: This approach was developed by altering the procedure for MDS production known as liquid-liquid suspension polymerization. This method produces MDS by cross-linking diphenyl carbonate with beta-cyclodextrin monomer. The reaction mixture is heated and ultrasonicated to regulate the microparticles' size.. As shown in Fig. 4, the mixture was cooled and pulverized before being cleaned with ethanol and then distilled water. This production method has limitations, such as entrapping harmful cross-linking agent residue.



Figure 4: Ultrasound-Assisted Microsponge Production Method

# **III.EVALUATION OF MICROSPONGES [6,7]**

Evaluation of microsponges by various methods which are given in table no. 1.

S.NO	Parameters	Methods		
1	Particlesize(Microscopy),sizedistributionandpolydispersity	Diffractometry		
2	Morphology & surface topography	Electron microscopy		
3	Density	Displacement method		
4	Pore structure	Mercury intrusion porosimetry		
5	Drug polymer interaction	FTIR		
6	Crystallinity	XRD studies		
7	Production Yield	$Production \ yield = \frac{Practical \ mass \ of \ MDS}{Theoretical \ mass \ of \ MDS \ (Polymer + Drug)} \times 100$		
8	Loading efficiency	Loading efficiency = $\frac{\text{MDS drug content in actual}}{\text{Theoretical drug content}} \times 100$		

#### **Table 1: Evaluation of Microsponges**

## **IV. MECHANISM OF DRUG RELEASE FROM MICROSPONGES [5]**

In reaction to one or more of the following environmental triggers, such as pressure, temperature change, and solubility, which are described as follows, microsponges may gradually release a fixed amount of active components.

- **1. Temperature Change:** A few encapsulated active compounds might be too viscous to flow swiftly from microsponges onto the skin at ambient temperature. Increased skin warmth also causes the flow rate to rise, which enhances release.
- **2. Pressure:** The active component in microsponges can be released onto the skin by rubbing or applying pressure.
- **3. Solubility:** Microsponges containing water-soluble compounds, such as antiseptics and deodorants, release their contents when water is around. Diffusion may cause the release to occur.

**pH Triggered Systems:** The active can be released based on pH by altering the microsponge's surface. This can be applied in a variety of ways for drug delivery.

## V. PHARMACEUTICAL UTILIZATION OF MICROSPONGES

Different applications can be made use of micro sponges. It is usually used topically, though oral use has increased recently. Microsponge delivery techniques enhance the safety, effectiveness, and aesthetic value of topical prescription, over-the-counter, and personal care items. Due to its high loading capacity and capacity for prolonged release as an excipient, several patents have been reported.

To prevent local and systemic cutaneous side effects, microsponge drug delivery system (MDS) ensures drug localization in the epidermis and the skin's surface. By using a MDS, reducing the amount of drug that enters the percutaneous blood circulation is feasible. Table 2 displays microsponge-based formulations for dermatological uses.

S.N	Drug	Polymer	Dosage form	Method of preparation	Application
1	Diclofenac diethylamine [8]	Eudragit RS-100	Gel	Quasi-emulsion solvent diffusion	Prolonged release for proficient arthritis therapy
2	Clobetasol propionate [9]	do	Carbopol gel	do	Maximum therapeutic activity with minimum toxic effects due to Extended release.
3	Diltiazem hydrochloride [10]	do	Gel	do	Sustained delivery system to overcome side effects
4	Benzophenone-3 [11]	Starch	Sunscreen cream	Emulsion gela- tion method	The product is safe, effective, and aesthetically pleasing, with improved user compliance, decreased systemic absorption, and unwanted side effects.
5	Benzoyl peroxide (BPO) [12]	Ethyl cellulose,	Cream	Quasi emulsion solvent diffusion method	Reduced side effects by reducing percutaneous absorption
6	Naringenin [13]	do	Topical gel for	do	three-fold more drug deposition in skin than plain gel.
7	Oxybenzone[14]	do	Gel	do	A higher sun protection factor with less toxicity due to the drug's-controlled release onto the skin over an extended period.
8	Dithranol [15]	do	Gel	do	Increased patient compliance, prolonged release, and less

#### Table 2: Drugs Investigated for Dermatological use using MDS

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					irritation.
9	Babchi essential oil [16]	do	-	Quasi emulsion solvent evaporation	Enhanced photostability and stability, handling benefits, skin irritation problems overcome by Controlled release of drug.
10	Silver sulfadiazine [17]	Ethyl cellulose, xanthan gum,	Gel	w/o/w emulsion solvent evaporation	Prolonged effect without skin irritation and low cytotoxicity with enhanced wound contraction.
11	Betamethasone [18]	Eudragit RS100	Microsponge based gel	Quasi emulsion solvent	Released of drug in a controlled manner.
12	Oxiconazole nitrate [19]	Eudragit S-100 and Eudragit L- 100.	Microsponge based gel	Quasi-emulsion solvent diffusion	Left on the skin for a prolonged period and gradually release their contents.
13	Aceclofenac [20]	Ethyl cellulose and Eudragit ES100	Topical Gel	do	Sustain the medication release for eight hours.
14	Sertaconazole [21]	Eudragit RS 100	Corbopol gel for topical	do	Control release
15	Diclofenac Sodium [22]	Xanthan gum- facilitated ethyl cellulose	Carbopol gel	Double emulsification technique	Prolonged effect for effective treatment

It has been shown that the microsponge system accelerates the solubilization rate of weakly water-soluble medicines in oral applications by trapping them in its pores. As a result of the drug being effectively reduced to microscopic particles due to the tiny size of these pores, the solubilization rate is significantly accelerated by the significant increase in surface area. Controlled oral delivery of drugs and colon delivery drugs is achieved with microsponges technology using an acrylic polymer, Eudragit RS polymers. Table 3 lists research projects on microsponge drug delivery systems of different medications for various reasons other than topical treatment. Since significantly fewer severe regulatory restrictions exist, cosmetic items are developed, marketed, and supplied far more rapidly than dermatological products. Figure: 5 shows some examples of current cosmetics designed with microsponge technology.

## Table: 3 List of MDS Research Projects that were Undertaken for Distinct Objectives

SNo	Drug	Polymer	Dosage form	Method of preparation	Application
1	Albendazole [24]	Eudragit RS100	Oral for colon delivery	Oil in Oil emulsion solvent diffusion	Sustained release
2	Domperidone [25]	do	Microsponges loaded in capsules	Quasi-emulsion solvent diffusion method	Sustained delivery, reduced frequency and side effects
3	Meloxicam [26]	do	Matrix tablet loaded with Microsponges	Modified Quassi-emulsion solvent diffusion	Colon-targeted
4	Flurbiprofen [27]	do	Microsponges are coated with pectin: HPMC mixture and then tableted.	Quasi-emulsion solvent diffusion method.	Colon specific drug delivery,
5	Ketoprofen[28]	do	Direct compressed tablets	do	Tablets with much improved compressibility
6	Miconazole [29]	do	vaginal gel	do	Improved vaginal retension with enhanced antifungal activity
7	Sulpiride [30]	do	Microsponges	do	Improved sulpiride absorption and bioavailability by retaining MDS in the stomach for up to 8.0 hours after ingestion.
8	Indomethacin [31]	do	Microsponges	do	Controlled release
9	Diclofenac Sodium [32]	do	Capsule	do	Prolonged release
10	Dicyclomine [33]	Eudragit S-100,	Pectin: hydroxypropyl methyl cellulose coated tablets	do	Colon targeted drug delivery.

11	Cyclosporine [34]	Polyvinyl pyrrolidone, hydroxpropyl cellulose	Microsponges	Sequential wet- milling and drop freeze- drying (DFD) process	Solubility Improved
12	Curcumin [35]	Ethyl cellulose and Eudragit S 100	Floating gastro retentive drug delivery system	Modified quasi emulsion solvent diffusion method	Increased the rate of solubilization and Gastro retentive drug delivery
13	Ranitidine HCl [37]	Eudragit S 100, Xanthan gum,	Sustained release gastric buoyant microsponges	W/O/W emulsion - solvent evaporation method	Improved the anti-ulcer effect of Ranitidine
14	Parecoxib [38]	Eudragit RS 100 and Ethyl cellulose,	Microsponge hydrogel sustained release tablets	Quasi emulsion solvent diffusion	For sustained release
15	Ketoprofen [39]	Ethyl cellulose. HPMC,	Microsponges	do	For controlled release
16	Meloxicam [40]	Eudragit E100, Eudragit L100	Transdermal gel	do	Enhanced dissolution rate.
17	Candesartan Cilexetil [41]	Eudragit RS100, RL100, and S100	Powder	do	Enhanced solubility and dissolution rate
18	Curcumin [42]	Ethyl cellulose	Capsule and topical carbopol gel	do	Prolonged release of drug
19	Diclofenac [43]	Eudragit L100, Eudragit RS 100 and Eudragit EPO 100	Microsponges	do	Colon targeted Controlled release by predetermined rate.
20	Diclofenac Sodium [44]	Ethyl cellulose	Microsponges	do	Controlled release of drug
21	Acetazolamide [45]	Ethyl cellulose polymer	Ophthalmic pluronic F-127 in situ gel	do	enhanced effectiveness of therapy and fewer systemic side effects



Figure 5: Examples of Current Cosmetics Designed with Microsponge Technology [6, 23]

#### VI. CONCLUSION

The market for unique and highly effective medicinal and cosmetic products makes microsponge technology and its adaptability promising. The highly controlled release drug of by loading in microsponges is a promising approach that reduces pharmacological adverse effects whereas retaining therapeutic efficacy. It also showed significant increases in formulation stability and more elegant and adaptable formulations. According to numerous studies, they are also said to be non-toxic, non-allergic, and non-mutagenic. Today, prescription drugs, cosmetics, sunscreens, and over-the-counter skincare products use this drug delivery system. It is an up-and-coming technology that will be thoroughly studied in the years ahead through several research projects because of its wide range of drugadministering options.

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