

# EXPLORING THE IMPACT OF ONLINE LEARNING ON STUDENTS AND TEACHERS

## Abstract

Online education is a new type of education in which teachers and students communicate using communication tools through the Internet. This is a new way of sharing knowledge on any subject sitting at home. In an online learning system, students and teachers must have a computer or mobile. Teachers and students come together online through various apps at a predetermined time and study all the subjects. The benefits of online education are many but the traditional classroom is more practical in some areas. Online classes may be suitable for adult students who are self-disciplined, but for children and teens, going to school the traditional way is better. With the blended model of education, we can increase our knowledge at double the speed. This research paper aims to explore the impact of online-learning on the students, teachers and overall education sector, drawing insights from a range of secondary data sources. The study explores the implications of digital technologies on teaching methodologies, student engagement, and overall educational outcomes.

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**Objective**

- To study the impact of online learning on students of various levels.
- To study the impact of online learning on teachers' performance.

**Methodology:** Research is based on Secondary data. For that researcher has reviewed research papers, articles, blogs etc.

## I. INTRODUCTION

With the speed with which information technology is progressing, there is hardly any field where it has not shown its wonders. It has brought revolution in the field of education. Today, anyone living anywhere in the world at any time has the power to study any subject in any language. Online education has made education easier in many ways. In modern times, online education is like a boon. Those who study in traditional education get education in the Gurukul or in the school. That time, students and teachers can share knowledge face to face. In the changing environment of technology, there have been significant changes in the way education is imparted. There was only a need for online education, but now it is becoming mandatory in many ways. Providing education during the pandemic was a challenge in itself, but information technology made it easier. Online classes became possible. And today this online education system is creating a new world of education. Virtual classes have made education very simple and easy. Because of this, today it has become very easy for teachers to give knowledge and for students to take knowledge. With the facility of recorded lectures, any student can do his/her assigned work easily at any time. Online education provides convenience for those who work or want to pursue their studies along with taking care of home. He can get the facility of online education. This is a new education system which every country is adopting. Students remember that by focusing their mind and attention. Students who want to take online education want to get free online education for them so that there is no benefit from the education. One of the biggest challenges of online learning that many students face is the struggle to concentrate on the screen for long periods of time. Needless to say, there is a lot of distracting content available online that often attracts and distracts students. To avoid this and help students keep focused on class, teachers have worked hard and made their online classes crisp, engaging and interactive. These interactive and engaging learning tools not only spark curiosity but also facilitate a deeper understanding of various subjects. Smart classrooms, along with their interactive learning tools, cultivate an engaging atmosphere that promotes student involvement, thereby elevating the effectiveness and enjoyment of the learning experience. Many researchers have already been done to know the effects of online education and further work is going on. Researchers have revealed the various positive and negative effects of online learning. In this paper the researcher wants to analyze his research.

## II. LITERATURE REVIEW

**Quan Deng (2022)** Flexibility stands out as a key attribute of online education, enabling learning "anytime and anywhere." The rapid development of the Internet over the past fifteen years has transformed the landscape. In its earlier stages, online education faced limitations with plain content and relatively straightforward transmission paths, resulting in a somewhat mundane learning experience. Today, armed with a mobile phone, learning becomes a joyful endeavour accessible at any moment and location.

The integration of "cloud technology" and expansive databases has infused online education with richer, more flexible content and significance. This transformative shift has led to predictions of online education gradually superseding traditional methods. To surmount university barriers, a more adaptable approach is recommended, encompassing changes in enrollment management, school status, talent training programs, learning modes, and curriculum structures.

The essence of online education lies in communication, fostering an intermediary role in the learning process.

**Clyde Ericson Nolasco (2022)** Firstly, introducing an orientation for students is a crucial activity to familiarise them with the dynamics of distance learning. This initiative aims to equip students with an understanding of the essential elements for a successful and fruitful E-learning experience. Through this orientation, the institution, facilitated by its teachers, provides information about the necessary software, applications, and technology tools required for effective distance learning. Moreover, this serves as an opportune moment for students to seek clarifications, ask questions, and gain insights into class schedules and the Learning Management System (LMS) that will be employed in their online classes.

Secondly, there is a vital need for training sessions tailored for teachers. The unexpected onset of the pandemic in the midst of the academic year left many educators unprepared for the shift to online teaching. To address this, ongoing training is essential. The institution should ensure that teachers undergo comprehensive training, including in-service seminars, to adapt to the demands of online learning. This training encompasses not only the familiarity with hardware and software but also updates on the best practices for conducting

engaging and effective online classes. This ensures that educators are well-equipped to provide necessary support to their students throughout the school year.

Lastly, conducting a needs assessment is imperative for the institution. A needs assessment acts as a strategic tool for the organisation to identify the disparity between its current state and the desired output. In the context of schools, a needs assessment allows the administration to pinpoint specific areas within the school system that require attention, particularly in the context of offering online classes. Armed with this information, the institution can tailor orientation sessions for students and training programs for teachers to address specific needs and enhance the overall online learning experience.

**Sachin Sharma (2021)** the effectiveness of online learning is perceived differently among participants. A significant majority of respondents find offline learning to be more effective than its online counterpart. They believe that online learning lacks the efficacy needed for optimal knowledge acquisition.

On the contrary, some argue that online learning is conducive to mental focus and concentration. However, teachers express a preference for traditional offline study methods, asserting that they provide a more thorough understanding of the subjects.

The prevailing COVID-19 situation has prompted the adoption of online learning as a means to continue education and prevent study gaps. While this is considered a practical solution, many participants express reservations about its overall effectiveness.

It is emphasized that offline study is superior when it comes to acquiring physical knowledge and skills, which may not be adequately addressed through online learning.

Despite differing opinions, both students and teachers acknowledge that online learning serves as a valuable source of knowledge. Higher education students, particularly during the pandemic, perceive online study as a necessary continuation of their academic journey, albeit with reservations about its cost-effectiveness.

Concerns arise about the efficacy of online exams and sessional, with observations of potential cheating and a perceived lack of proper mental exercise for students during online assessments. These reservations highlight the challenges associated with maintaining academic integrity in the online learning environment.

**Meixun Zheng, Daniel Bender & Cindy Lyon (2021)** the study findings underscore the generally favourable attitudes of dental students towards online learning during the COVID-19 pandemic. Notably, the perceived engagement with both faculty and classmates emerged as a key predictor for the acceptance of the online course. Remarkably, this research marks a pioneering effort in dental education, highlighting that online learning during the pandemic can yield comparable or even superior learning outcomes compared to traditional face-to-face learning methods pre-pandemic. The insights garnered from this study stand as a valuable contribution to the existing literature on online learning in health sciences education during the unique challenges posed by the COVID-19 pandemic.

**Khaled Hamdan and Abid Amorri (2020)** the conclusive findings from this study distinctly highlight the profound influence of e-learning on students' academic performance and accomplishments. E-learning proves to be a valuable avenue for students, offering various advantages such as fostering learning independence and active participation in the classroom. It serves as an enriching experience, aiding students in their transition to college education and future employment.

Notably, students exhibited heightened engagement in the e-learning process compared to conventional teaching methods. The online learning experience underscored the diminishing effectiveness of didactic teaching styles. Students no longer perceive teachers solely as sources of information but as facilitators, with online resources becoming their primary information reservoir. This shift in perspective has empowered students to take on responsibilities, contribute to course design, engage in assessments, and personalize their learning experiences.

Furthermore, e-learning has proven instrumental in overcoming the limitations of time and space inherent in traditional learning processes. Students, leveraging online platforms, effectively communicate their findings and share ideas not only with local peers but also on a global scale. The

introduction of innovative technologies, such as online learning, is poised to have a significant impact on learning outcomes, provided there is a reconsideration of delivery modes, content redesign, and the implementation of new assessment systems.

Ultimately, it is evident that a well-suited pedagogy and relevant content are paramount in driving students' learning motivation in the realm of e-learning. The study emphasises the need for a thoughtful approach to harnessing the full potential of online education, encompassing considerations for delivery, content, and assessment systems to optimise the impact on students' learning outcomes.

**Hooman Estelami (2016)** Results from the study reveal that, across the three examined online marketing courses, a majority of students perceive them as equally effective as face-to-face courses. However, about one-fifth of students believe online courses are more efficient, while an equivalent proportion considers them less efficient compared to traditional in-person classes. Notably, no significant differences were found in efficiency ratings among the three courses, addressing the first research question regarding student perceptions.

Further analysis indicates noteworthy differences in student sentiment based on their perceptions of course efficiency. Intriguingly, students who perceive online courses as more efficient tend to express lower levels of sentiment toward both the course and the instructor. Additionally, this group is less inclined to pursue similar online courses in the future.

The findings also suggest that students viewing online courses as more efficient than face-to-face alternatives have a relatively weaker academic profile, as evidenced by lower self-reported grade expectations. While approximately 20% of students acknowledge the efficiency gain of online courses, this recognition doesn't translate into more positive ratings for the instructor and the course. Moreover, the subset acknowledging this efficiency gain exhibits a weaker academic standing compared to peers who view online courses as equally or even less efficient than face-to-face courses.

Interestingly, the highest self-reported grade expectations emerge among students who perceive online courses as less efficient than traditional formats. This response pattern may stem from the fact that this group engages more

intensely with online instructional material, exerting considerable effort in the self-education process. High-performing students might, therefore, find traditional face-to-face courses more beneficial for their learning preferences and academic success.

**Signe Schack Noesgaard and Rikke Ørngreen (2015)** this study sheds light on the complexities associated with leveraging e-learning to enhance teaching performance. It highlights that teachers engaging in e-learning may employ various strategies to resist significant changes in their work practices. Additionally, the research emphasizes the limitations of relying solely on pre-defined learning objectives as a measure of effectiveness, as it may overlook unforeseen changes in practice resulting from e-learning programs. The study also offers valuable insights into the validity of self-assessments, suggesting that participants can accurately report their practices with certain qualitative survey approaches. Finally, the paper explores the debate on whether e-learning and traditional face-to-face learning should be evaluated using identical definitions and approaches to effectiveness. It concludes by urging learning designers and researchers to tailor their measurement efforts to capture what truly matters to them and their stakeholders.

**M. Samir Abou El-Seoud 1, Islam A.T.F. Taj-Eddin1, Naglaa Seddiak (2014)** a key determinant of students' success in the e-learning journey is self-motivation. The seamless integration of information and communication technologies into the learning process hinges on the personal motivation of participants. To harness the full potential of ICT in their learning, students require support for digital-enhanced learning. Instructors play a crucial role in understanding their students' motivations in the realm of online education, despite the challenge posed by the absence of face-to-face interactions. An effective approach to address this gap involves implementing online motivation assessment forms for students. By leveraging the insights gleaned from these assessments, educators can develop tailored strategies to engage and sustain student motivation in the online learning environment. It is essential to emphasise that an abundance of technology does not guarantee superior learning outcomes, highlighting the need for a balanced and strategic approach to digital education.

**Johan @ Eddy Luaran\*, Nur Nazleen Samsuri (2014)** E-learning, or electronic learning, has emerged as a significant and influential mode of education in contemporary times. This study reveals a substantial exposure of



students to e-learning, demonstrating its effectiveness in providing greater flexibility for both instructor-led and self-study courses. The key advantage of e-learning lies in its capacity to facilitate learning at any time and place. However, challenges arise, such as the potential need for students to invest in computers or visit cyber cafes, thereby reducing opportunities for face-to-face interactions among peers.

In essence, e-learning represents the integration of technology into teaching and learning processes, offering an effective means for students to acquire knowledge. Nevertheless, it is crucial to emphasise that educators play a pivotal role in facilitating the learning process, underscoring the continued importance of their roles and responsibilities.

**A. Gunasekaran Ronald D. McNeil and Dennis Shau (April 2002)** the ongoing evolution of computer technology signifies an inevitable shift towards obsolescence. The proliferation of broadband technology stands poised to revolutionise online learning, leveraging videoconferencing, advanced animation techniques, and virtual scientific laboratories. Electronic books have witnessed a surge in prevalence, further fueling the expansion of learning opportunities. Evidently, e-learning holds a pivotal role across diverse business sectors, driven not only by cost-effectiveness but also by its inherent flexibility, user convenience, extensive reach, easy accessibility, consistency, and repeatability. The success of e-learning objectives hinges on the quality of the teaching process and the efficacy of online access, marking a transformative era in education.

### **III. CONCLUSION**

Many important conclusions have been drawn from the research done on online learning. Where online learning is supposed to save time, students find themselves wasting time in online classes. Lack of infrastructure remains a major problem. Students and teachers do not have adequate resources available for online education. Online education is becoming boring and both students and teachers get bored quickly. Where students spend 6 to 7 hours continuously in offline learning, in online learning they spend only 3-4 hours. By choosing online learning, there are distractions and hurdles like unwanted advertisements, videos, power cut, internet connectivity etc. Online learning has also shown bad effects on mental and physical health. Sitting in one place for hours has started spoiling the body structure of students. Eye diseases are getting worse due to

continuous viewing of the screen. Students are now feeling bored with online-education. The problem here is not only with the students, teachers are also very unhappy with online learning. Students do not respond properly in virtual classes. They don't pay attention in class. It is difficult to study practical subjects online. Where labs or grounds are required, online learning is not suitable. Teachers also have to do a lot of preparation for online classes like preparing PPT, preparing attractive teaching material to keep students attentive in the class. A lot of teachers' time and energy is wasted in these tasks. Despite the above, there are many benefits of online learning. Today, with the advent of information technology, one can study any subject from anywhere at any time. Saving time, saving resources, low cost are the special features of online learning. Without information technology, today the education system seems incomplete. Looking ahead, the future of digitized education holds exciting possibilities. The integration of emerging technologies will continue to shape education, providing innovative solutions to age-old challenges. Digitalized education is not a mere trend but a transformative force reshaping the educational landscape. Online learning is not a substitute for traditional learning; rather it is a helpful means to present it in a better way.

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