#### Abstract

## Authors

Immunosuppressive non-oncogenic viral diseases in poultry birdscause heavy mortality and huge economic losses in infected chickens thus posing a great risk to poultry industry. Increased susceptibility to secondary infections and deficient response to vaccination further complicates the This condition. chapter provides an overview of various non-oncogenic immunosuppressive viral diseases of chickens with special emphasis on their transmission, pathogenesis and considerable immunosuppressive effect produced by such diseases. The important immunosuppressive diseases discussed in this chapter include Chicken Infectious Anaemia (CIA), Infectious Bursal Disease (IBD), Avian Reoviral (ARV) and Fowl Adenoviral (FAdV) diseases. CIA virus, ARV and FAdV follow both trans-ovarian route as well as horizontal route of transmission. However, IBD virus is transmitted only by horizontal route. CIA virus produces the immunosuppressive effect either alone or in combination with other viruses causing increased mortality, severe anaemia and generalized lymphoid atrophy. The virus replicates in lymphoid and erythroid progenitor cells, causing their severe depletion anddistinct sub-clinical infections. IBD virus replicates in IgM+ cells of bursa of Fabriciusand leads to destruction of bursal follicles causing immunosuppression. The mortality by IBD virus is variable and depends upon age of the chicken and more specifically virulence of the virus. ARVs and FAdV are opportunistic viruses and usually occur in combination with other immunosuppressive viruses. ARV commonly causes malabsorption syndrome, enteric disease, viral arthritis/tenosynovitis, stunting/runting syndromes,

## Syedah Asma Andrabi

Division of Veterinary Pathology , Faculty of Veterinary Sciences and Animal Husbandry, R.S. Pura, Sher-e-Kashmir University of Agricultural Sciences, Jammu. syedahasmaandrabi@gmail.com

## Nawab Nashiruddullah

Division of Veterinary Pathology, Faculty of Veterinary Sciences and Animal Husbandry, R.S. Pura, Sher-e-Kashmir University of Agricultural Sciences, Jammu. nawabn1@rediffmail.com

## Shafiqur Rahman

Division of Veterinary Pathology, Faculty of Veterinary Sciences and Animal Husbandry, R.S. Pura, Sher-e-Kashmir University of Agricultural Sciences, Jammu. srahmanskuastj@gmail.com

## **Dawoud Aamir**

Department of Veterinary Gynaecology and Obstetrics, College of Veterinary Sciences, Rampura phul, Bathinda, Punjab. dawoud786@gmail.com

## Jafrin Ara Ahmed

Division of Veterinary Physiology and Biochemistry, Faculty of Veterinary Sciences and Animal Husbandry,

R.S. Pura, Sher-e-Kashmir University of Agricultural Sciences,

immunosuppression, and respiratory disease Jammu. in young chickens. The virus interacts with jafrinahmed@rediffmail.com B-lymphocytes in a similar manner as in IBDV, thus, producing lesions in bursa and other lymphoid organs. FAdV is an immuno suppressive pathogen, whichcauses Hydropericardium syndrome (HPS) and Inclusion body hepatitis (IBH) in 3-6-weeks Mixed infections old broilers. of immunosuppressive viruses are common, as compared to the individual infections. This results in synergic pathological effects that further deteriorates the health of the infected chickens. Proper vaccination strategies, diagnostic approaches and control measures should be followed to prevent the occurrence of such infections.

Keywords: ARV, CAV, Chicken, FAdV, IBDV, Immunosuppression.

## I. INTRODUCTION

Immunosuppression is suppression of body's immune system to fight back infections and diseases. It is a major health concern in poultry industry, which leads to heavy mortality and severe economic loses. Immune compromised birds often become susceptible to various viral, fungal and secondary bacterial infections,thus further exaggerating the adverse effects produced by immunosuppression[1]. A wide variety of viruses causemild to severe degree of immunosuppression,depending upon the tissue tropism. Viruses causing immunosuppression in poultry includeChicken Infectious Anaemia Virus (CIAV), Infectious Bursal Disease Virus (IBDV), Fowl Adenovirus (FADV) and a group of tumour causing viruses viz., Marek's Disease Virus (MDV) and Avian Leukosis Virus (ALV). All these viruses produce direct effect on the various organs of the immune system, and mostly occur together leading to amplified adverse effects. Avian Reovirus (ARV) is believed to produce less marked effect on theimmune system; however, exact mechanism of immunosuppression by the virus is still not fully understood. This chapter summarizes the current knowledge and understanding on various chickennon-oncogenic immunosuppressive viral diseases, their pathogenesis and pathogen-host interactions that may help devise successful diagnostic and control strategies.

## II. CHICKEN INFECTIOUS ANAEMIA (CIA)

1. Infectious Immunosuppressive Viral Diseases: Chicken Infectious Anaemia (CIA) is a major immunosuppressive disease of chickens which isglobally recognized in almost all poultry producing countries [2, 3]. The disease is known by its other names as well viz., Blue wing disease, Hemorrhagic aplastic anemia syndrome and Anemia dermatitis syndrome. CIA is caused by *Gyrovirus* of family *Circoviridae*which is the smallest avian virus (23-25 nm)[4, 5, 6]. The viral genome consists of a circular ss-DNA (2.3 kb)with three partially overlapping major open reading frames (ORFs) that encodes for three proteins viz VP1, VP2 and VP3[7, 8]. VP1 is as a major capsidprotein present in the virons, VP2 is essential for virus assembly and replication. VP3 or apoptin has an important role in disease pathogenesis as it causes apoptosis of infected cells[5].

CIA was recognized as a new disease in young commercial chickensin Japan, while investigating a contaminated Marek's disease vaccine accident with Reticuloendotheliovirus (REV) in Specific-Pathogen-Free (SPF) chicks[9]. In India, the first case of CIA in chickens was reported in 1994 [10]. Since then subsequent upsurge of the disease have been reported from many parts of the country[11, 12, 13, 14, 15, 16]. Development of clinical disease following infection with CAV is dependent on number of factors such as age, route, challenge dose of virus, and presence of maternal antibodies [17, 18, 19]. Moreover, co-infection with other immunosuppressive viruses such as Infectious Bursal disease virus (IBDV), Marek's disease virus (MDV), Fowl Adenovirus (FAdV) and Avian Reoviruses (ARV) is another important epidemiological key factor[18, 19].

2. Transmission, Pathogenesis and Immunosuppression: The route of transmission for CIA is both vertical and horizontal[6, 17]. In vertical transmission, infected adult chickens transfer the virionsto embryo during viraemiaphasebeforeneutralizing antibodies develop. Chickens hatching from such eggs develop symptoms of the disease such as anaemia and immunosuppression. Such newly hatched immunosuppressive chicks

become prone to secondary bacterial infections and simultaneously act as a source of infection forhorizontal transmission; probably through faecal materials until neutralizing antibodies develop [19].

Chicken infectiousanaemia virus (CIAV) is a potent immunosuppressive agent, which enters the target cells (Erythroid and lymphoid progenitor cells) by adsorption and penetration, then multiplies in the nucleus of these cells by a rolling circle model. The virus causes severe depletion of thymocytes, primarily attacking thymic lymphoblasts (CD4+, CD8+ T-cells) and anaemia by destruction of haemocytoblasts anderythroblastoid cells in young chickens. This leads to generalized lymphoid atrophy, chronic aplastic anaemia, thymus atrophy and immunodeficiency[20, 21, 22, 23]. In addition, severe muscular and sub-cutaneous tissue haemorrhages have also been reported in CIA infected chickens[20, 24, 25]. The specific tropism of CIAV for lymphocytes explains the severe lymphocyte depletion caused by the virus in affected birds. CIAV leads to cytolytic infection by replicating primarily in cortical thymic precursor cells and hematopoietic precursor cells in bone marrow [26, 27, 22]and cell death by the mechanism of apoptosis prompted by the VP3 protein[28, 29]. Birds usually recover from depression and anaemia within 4-6 weeks after convalescent stage coincides with antibody development.

In young chicks, CIAV suppresses both helper (CD4+) and cytotoxic (CD8+) T lymphocyte cell population in thymus [30, 20] and causes marked depression of cellular and humoral immune functions thereby leading to decreased immunoprotective efficacies. The virus has detrimental effects on T-cell mediated functions such as lymphocyte transformation response to mitogens, macrophage functions, lymphokine production (IL-2, TCGF and IFN), phagocytosis and bactericidal activities [31, 32, 23]. Additionally, production of IL-l, IL-2 and Interferons is inhibited by CIAV, which causes adverse effectson molecular immunoregulatory responses in cytotoxic activities of macrophages, natural killer (NK) cells, cytotoxic T lymphocyte (CTL) and expression of surface receptorsleading to severe immunosuppression. The affected birds become susceptible to infections by secondary pathogens, have depressed vaccinal immunity and show vaccination failure against poultry pathogens like Fowl pox. Infectious Laryngotracheitis. Mareks disease etc. [31, 33, 27, 25, 34, 19]. Under field conditions, birds infected with CIAV show few signs of the disease. Coinfection with other infectious agents vizAvian Reovirus (ARV) causes blue wing disease (BWD), with fowl adenovirus (FAV) causes aplastic anaemia syndrome, with IBDV causes haemorrhagic anemia syndrome, and with Clostridium perfringens and Staphylococcus aureus causes gangrenous dermatitis, thus, further complicating the condition [17, 35, 18, 19].

**3.** Clinical Signs and Pathological Lesions: Clinical signs of CIA include diarrhoea, depression and lesions in the interior side of the wings [34, 36]. Mortality and morbiditymay reach upto 55% and 80% respectively[3]. However, the peak mortality is observed after5 to 6 days of onset of acute form that declines after a further 5 to 6 days [37, 38]. Most of the lesions are associated with the thymus, spleen, bursa, bone marrow and caecal tonsils[17, 39, 15]. CAV infected birds show severe depletion of lymphocytes from both cortex and medulla of the thymus, bursa, spleen,and caecal tonsils followed by hyperplasia of reticular cells and atrophy of the haematopoietic elements of the bone marrow [40, 41, 17]. In long standing cases, lipocytes replace haematopoietic cells in bone marrow and both erythropoietic and granulopoietic tissue becomes depleted. [42]. In

some cases, intranuclear inclusion bodies may be noticed in thethymocytes and reticular cells of the thymus and haematopoietic precursor cells of bone marrow[43, 44, 45, 22, 15]. Under field conditions, chicken carcassesare pale and icteric, subcutaneous oedema and skin haemorrhages are noticed that often extends to the underlying muscles. In much severe cases, multifocal haemorrhages in the muscles of pectoral region andmarkedly pale and icteric liver, kidney and bone marrow are well apperciated[45, 13]. Lesions can be noted in other visceral organs, especially liver, in whichdilated sinusoids,distended endothelial cells,hyaline necrosis of hepatocytes andfatty degeneration with no evidence ofinfiltrating cells around the central vein can be seen [9, 46]. Lesions are more extensive in naturally occurring cases because other infectious agents like ARV accompany CIA[47].

4. Diagnosis: CIA can be tentatively diagnosedbased onclinical picture and related pathological lesions but various techniques have been described to arrive at a confirmatory diagnosis [48].Immunohistochemical technique is successfully employed for detection of CIAV antigens in the thymus, bone marrow, proventriculus, spleen, lymphoid aggregates in the lamina propria of intestines, epithelium of crypts, villi and ascending duodenum of affected birds [17, 28, 49, 50]. Intensely stained large intranuclear inclusions of CIAV antigen have been detected in both thymic cortex and spleen of CIAV positive cases using immunohistochemistry [51, 52].Immunoperoxidase staining techniqueon formalin fixed, paraffin-embedded tissues for detection of CIAV in affected birds have also been described[53, 17, 49]. Another, widely used molecular method, which detects CIAV DNA in tissues, sera and blood of infected birds is Polymerase Chain Reaction (PCR), [54, 55, 56, 57]. Samples like thymus, bursa, spleen and bone marrow are usually processed for the direct detection of CIAV DNA by amplification of VP1, VP2 and VP3 region or either of them using specific primers[58, 59, 12, 13, 60].

## **III. INFECTIOUS BURSAL DISEASE**

Infectious bursal disease (IBD) also known as Gumboro disease is a pestilential acute viral disease of young chickens adversely affecting their immune system. It causes destruction of the lymphoid tissues especially the bursa of Fabricius leading to immunosuppression in nonfatal cases[61]. Infectious bursal disease is caused by a non-enveloped, double-stranded RNA (dsRNA) virus called *Avibirnavirus* of family *Birnaviridae*[62]. The virus contains two segments (segment A and B), Segment A (3.2 kb) encodes viral proteins (VPs): VP2, VP3, VP4 and VP5 by two overlapping open reading frames, whereas segment B encodes VP1[63, 62].

IBD was first discovered from USA by Cosgrove in the year 1962. Since then it has occurred around the world and has been described as an endemic disease in many poultry producing areas[64]. Chickens act as main host of IBD infection, but ducks, ostriches, turkeys and guinea fowl may also be infected[65]. It usually affects the young chicks between 3-6 weeks of age[66, 67, 68]. The virus has two forms: low virulence IBDV and very virulent IBDV. The low virulence virus causedmortality of 1-2 % whereas high morbidity and mortality are reported with very virulent IBDV (vvIBDV), globallycausinggrievous economic losses to the poultry industry. A vvIBDVwas first reported from Europe in the 1980s in broilers, and thenit immediately spread to Asia,Africa, and Latin America[63, 69]. About

60%–76% of virulent (vv) IBDV strains from four continents have been reported [70]. With the emergence of vvIBDV strains, the mortality rates have increased to about 60% in young chickens, making it difficult to control and preventits epidemic throughout the world[71].IBDV was first reported from India, in 1971 [72]. Later continuous outbreaks were reported from different parts of the country with variant strains of the virus[73, 74, 75, 76, 77, 78].

1. Transmission, Pathogenesis and Immunosuppression: Infectious Bursal Disease is horizontally transmitted by oral route but vertical transmission of the disease is not evident[79, 64]. Infected chickensdisseminate virus in their droppings, which acts as major source of contagion to the rest of the flock [80].

Once IBDV gains its entry via oral or nasal route, replication starts in lymphocytes and macrophages of gut-associated tissue.Via blood stream, the virus reaches bursa of Fabricius, because of its selective tropism for B-lymphocytescausing pronounced depletion of the lymphoid follicles.The virus enters back into the blood stream and causes secondary viremia, resulting inits spread to other organs like kidneys and muscles manifesting pathognomonic clinical signs anddeath[81].The virus can cause 70% mortality, and has the ability to suppress immunity provided by maternal antibodies.

Immunosuppression by IBDV is mainly attributed to the apoptosis and necrosis of B cells [82, 83, 84, 85]. Apoptosis is commenced by array of physiological stimuli, although pathological stimuli, such as viral infections, can also set off the phenomenon[61]. IBDV positive T-cell populations have been identified in the bursal folliclesas well [68].IBDV activates all branches of immune system, however, level of activation depends upon virulence of strains, immunity, age and genetics of affected chickens.

2. Clinical Signs and Pathological Lesions: Birds affected withInfectious Bursal Disease mainly show ruffled feathers, exhaustion, dehydration, whitish watery diarrhoea, depression, hurdling together, anorexia and prostration[61, 86]. Incubation period of the disease is 2-3 days, mortality in affected flock begins on third day, peaks on the fourth day, and the surviving birds show recovery after fifth to seventh day. Severity of IBD depends upon four factors i.e. age, breed sensitivity, virulence of IBDV strain and the degree of passive immunity[61].IBD affected chickens show diffusedhaemorrhageslikely due to impairment of the clotting mechanism in the visceral organs, pectoral and thigh muscles [86, 87]. Among various lymphoid organs, the lesions in the bursa are pathognomonic in the diagnosis of IBD, although lesions maybe evident in thymus and bone marrow as well[88].Bursa appears turgid, sometimes oedematous with a gelatinous yellowish transudate, and subsequently haemorrhagic and atrophic in affected chickens[61, 89, 15]. Severe lymphoid depletion in the bursa of Fabricius, as well as nonbursal lymphoid tissues can be evident. Among visceral organs, kidneys appear swollen, hypertrophic and whitish, with urate crystaldeposits; mucosa of the proventriculus may show echymotichaemorrhages[61, 89, 86]. Lesions in liver include severe congestion, and spleen can be enlarged and mottled, or atrophied in several cases[86].

In experimental infections, vvIBDV leads to severe clinical disease and increased mortality. Characteristic histopathological lesions includenecrosis of bursa and thymus, fatty changes in liver with acute hepatitis, aplastic anemia and systemic inflammatory response which further leads to the inflammation in the pulmonary capillary walls[90,91]. Some reports have shown remarkable alterations in the bone marrow characterized by lytic changes with depletion of heterophilmyelocytes and pyknotic nuclear alteration on the second day after inoculation of chickens with HPS-2 strain of IBDV [92].

**3.** Diagnosis: Different strains of the virus produce pathology of varying degrees and lesions. To understand the association between the pathogenicity of IBDV and distribution of viral antigen, vvIBDV strains were compared with moderately pathogenic IBDV strains and it was concluded that the very virulent strains of IBDV brought about much decrease in the thymic weight index and severe lesions in the thymus, spleen,caecal tonsil and bone marrow[93]. Similarly, thymus atrophy is particularly analogous with the acute phase of the disease and might indicate the virulence of the isolate[91]. Such approach in IBDV diagnosis under field conditions could help to some extent in differentiating various stains of the virus. Additionally, flock history, clinical signs, post mortem lesions, and histopathological lesions combined with other serological, molecular and immunohistochemical techniques substantiate IBD infections in chickens. Commercially available antigen capture enzyme linked immunosorbent assay (AC-ELISA) kits successfully demonstrate presence of IBDV antibodies in sera of affected birds [94]. Meanwhile, Virus neutralization test (VNT) is the only reliable assay for differentiating IBDV isolate into antigenic serotype subtype[95].

In addition, immunostaining methods have been successfully used to demonstrate a higher frequency of antigen-positive cells in the bursa [96, 97, 98], thymus[90, 91, 92], spleen, bone marrow [93, 99, 100] and proventriculus of birds infected with vvIBDV[101].

Inspite of multiple diagnostic approaches, none of them are valuable for the classification of IBDV strains. To classify the IBDV strains, Reverse transcriptase Polymerase chain reaction (RT-PCR) using essentially the variable domain of VP2 followed by sequencing and phylogenetic comparison has been successfullyused [102].

## **IV. AVIAN REOVIRUS**

Avian Reoviruses(ARV) were first isolated in 1954from chickens [103]. About 85% to 90% of isolated Reoviruses are found to be non-pathogenic. The pathogenic strains causemalabsorption syndrome, enteric disease, viral arthritis/tenosynovitis, stunting/runting syndrome, immunosuppression, and respiratory diseases. Recently, the virus has been reported to produce neurological signs in chickens as well[104]. ARV belongs to the genus*Orthoreovirus* of family *Reoviridae*[105]. The virus particles have icosahedral symmetry with double-shelled arrangement of surface proteins, are non-enveloped, , and consists of a double-stranded ribonucleic acid having ten segments. The genome can be distinguished into three size classes, viz: L (large), M (medium) and S (small). Similarly, proteins encoded by the genome are also divided into three size classes: X (large), p

(medium) or, a (small). Of eleven proteins, nine are structural (XI, X2, X3,  $\mu$ l,  $\mu$ 2/ $\mu$ 2C,  $\sigma$ l,  $\sigma$ 2 and  $\sigma$ 3) and two non-structural ( $\mu$ NS and  $\sigma$ NS)[106].

- 1. Transmission, Pathogenesis and Immunosuppression: ARV infection commonly occurs in chickens between 4to8 weeks of age, however, older birds also seem to acquire the infection[103]. Transmission of Avian Reoviruses is by both vertical and horizontal route[107, 108, 109, 110]. Transmission through egg is probably low under natural conditions; however, congenitally infected chicks act as the main source of infection to the rest of the batch, especially through faecal-oral route, or sometimes through the respiratory tract [111]. After the entry of virus via oral route, it establishes itself in the blood and leads to viraemia. The virus can be recovered from the erythrocytes, plasma and mononuclear cell fractions of blood within 30 hours of infection. By 3-5 days, virus distributes itself in the whole body[112].Small intestinal epithelial cells and the bursa of Fabricius act as main sites of infection[113].Experimental studies have also proposed the liver as amain target organ for ARV[114]. The virus can also gain its entry via broken skin of feet and gets established in the hock joint, producing relatable symptoms and lesions[109]. Virus may induce apoptosis in infected cells, which could be confirmed by characteristic intranucleosomal cleavage pattern of extracted DNAs using agarose gel on DNA[115].ARV infectionshave electrophoresis been associated with immunosuppression and produce effect on both humoral and cellular immune responses in chickens [116, 117, 118, 119, 120]. In some cases, immunosuppression by ARV may not be evident[121, 122]. The virus interacts with B-lymphocytes in a similar manner as in IBDV, thus producing lesions in bursa and other lymphoid organs [123].Experimental studies inchickens, have suggested possible role of ARV in inducing suppressor macrophages, which inhibits T-cell function to cause immunosuppression, rather than directly compromising the functional capabilities of T-cells[124]. In addition, the strain of ARV used for vaccination in chickens also determines the extent of immunosuppression [118].Synchronous vaccination with turkeys herpesvirus vaccine (HVT) and ARV vaccine in dayold chickshas been reported to increase the incidence of Marek's disease [117]. Therefore, experimental studies have suggested that in-ovo vaccination of embryos with commercial ARV vaccinesshould be avoided, otherwise, it may lead to immunosuppression in the chicks[125]. Other infectious agents that usually enhance the pathogenic effects produced by ARV include IBDV, CIA, Staphylococcus aureus and *Mycoplasma synoviae*[122, 126].
- 2. Clinical Signs and Pathological Lesions: Birds affected with ARV are usually stunted, unthrifty, display poor feed conversion ratios, show orange tinged diarrhoea, and exhibit loss of color in the legs/beak, or have feathering problems, with usually low mortality in case of malabsorption syndrome [103]. In case of arthritis/ tenosynovitis syndrome, lameness and swelling of hock are evident[127]. Necropsy findings reveal reduced weight of bursa of Fabricius, spleen andpresence of white spots on the liver with pericarditis, obvious lesions in the muscles and lesions on the skin [47, 112, 127, 128, 129]. In case of tenosynovitis syndrome, involvement of synovial membrane and surrounding tissues with lesions ranging from soft swelling to petechial haemorrhages and development of small erosive lesions on the articular cartilage are characteristic. In case of old birds, gastrocnemius may get ruptured and sometimes digital flexor tendon is also involved[130].

Histopathological features in affected birds include fibrinous exudation, marked granulation and capillary congestion of pericardium, marked atrophy and degeneration of myocardium;hepatic degeneratiom and periportalheterophillic cell infiltration in liver;and moderate to severe lymphoiddepletion in bursaandspleen [47, 115, 128, 127]. Predominance of mononuclear cells in cutis and sub-cutis with depletion of lymphocytes and reticular cell proliferations can be demonstrated in the bursa, thymusandspleen of chickens infected with both ARV and CAV [47]. Small intestines often showvacuolar degeneration in the epithelium and sloughing may be evident in the tip of the villi. Congestion and haemorrhages in the respiratory tract [131, 132], are occasionally present,although lesions in the respiratory tract,especially lungs, are often associated with co-infection of ARV with *Pasteurellamultocida*[133].

In tenosynovitis syndrome, lesions may range from mild thickening and oedema of tendon to severe synovitis, heterophillic infiltration, and occasional multifocal necrotic changes in tendons or accompanied with dystrophic calcification[127, 130, 134].

3. Diagnosis: The lesions associated with Reoviruses are not pathognomonic and may resemble those caused by other bacterial infections like *Staphylococcus aureus* and *Mycoplasma synoviae*, and viral infections like IBD and CAV. Therefore, confirmation of the disease requires immunohistochemical, molecular andserologicaltechniques. Immunohistochemical techniques have been used for demonstration of ARV in paraffinembedded tissues where ARV antigens appear as dark brown granules in the cytoplasm of affected cells in liver, bursa of Fabricius, spleen, lung, kidney, intestine and pancreas [70, 131, 135, 136, 137]. Reoviruses can growin yolk sac and chorioallantoic membrane of embryonated chicken eggs, and on various culture cells. Cell cultures of chicken origin when infected by Reovirus show characteristicsyncytiaformation as early as 24–48 hours, thenceforthmonolayerdegeneration with presence of giant cells. Infected cells exhibit eosinophilic or basophilic intracytoplasmic inclusions. The virus can be identified by electron microscopy, immunofluorescence, RT-PCR and sequencing of  $\sigma$ -C gene [138]. Additionally, full genome characterization of recently emerging ARV strains may be done by next-generation sequencing technique.

## V. FOWL ADENOVIRAL INFECTION

Fowl Adenoviral (FAdV) infections have gained attentionafter frequent outbreaks of Inclusion Body Hepatitis (IBH) from various parts of the world [139]. It has emerged as an immunosuppressive disease of young chickens, especially broilers between 3-6 weeks of age. Infection with IBDV or CIAV may usually predispose the birds to FADV and vice versa. In fact, chickens infected with CIAV have high susceptibility for FADV, IBDV and MDV. Together these immunosuppressive viruses act synergistically and interfere with the development of host immune system [140]. Fowl Adenoviruses (FADVs) belong to the genus *Aviadenovirus* and family *Adenoviridae*. FADVs are non-enveloped, icosahedral, double stranded DNA viruses with nucleocapsid containing hexon, penton and fiber as structural proteins [141]. A major capsid protein exposed on the surface of the virusis known as Hexon, which consists of the loop-1 structure as subtype-specific antigenic determinants[142], the analysis of which allows for the type inference, with wide application in routine diagnostics of FAdV in the field[143]. Based on hexon gene, FADV has been classified into 12 serotypes viz FAdV-1 to FAdV-7, FAdV-8a, FAdV-8b, and FAdV-9 to FAdV-11 [144]. FAdV-1 and 8b causes Adenoviral gizzard erosions (AGE), FAdV-4 causes Hepatitis-hydropericardium syndrome(HHS) or Hydropericardiumsyndrome (HPS), and FAdV-2, 8a, 8b and 11 causes Inclusion Body Hepatitis (IBH) in young chickens [145, 146]. HPS was first reported from Pakistan in the year 1987 [147]. Then massive outbreaks of the disease occurred across the country followed by its spread to India during early 1990's[148, 149]. Helmboldt and Frazier first reported IBH in chickens in the year 1963 [150].

- 1. Transmission, Pathogenesis and Immunosuppression: Transmission of FADV occurs vertically via eggs from hens to their off springs, and horizontally from infected chickens to rest of the flock via faeces, but rarely by respiratory droplets, and fomites [151]. Vertical transmission of the virus plays a critical role in the development of the disease, as maximum transmission of the virus occurs via this route. Chicks hatched from infected eggs normally shed the virus from day 1 post hatch, but do not develop symptoms of the disease till 2 to 4 weeks of age due to the presence of maternal antibodies. Subsequently, the shed virus could become source of infection for chicks with declining maternal antibodies[152]. The disease runs its course from 7 to 15 days, with mortality ranging from 20% to 70% [153]. Virus is excreted in very high titers through faeces, although isolation of the virus from nasal, conjunctival, tracheal mucosa and kidneys has been reported [154]. FADV has special affinity towards endothelial hepatic cellsand lymphoid cells. After entry of the virus via oral route, it colonizes in intestinal epithelium at 12 hours post infection and disseminates in the bloodat 24 hours post infection. After 2 to 3 days, virus can be detected in all target organs, including pancreas and liver. Then the virus starts multiplying in target organs producing pathological lesions that coincide with clinical manifestation of the disease [155]. Post infection recovery is usually noticed from 7 to 9 days onwards. However, virus can remain latent in the caecal tonsils, whereby recovered chickens can shed the virus via faeces for longer periods. The virus produces immunosuppression by damaging the lymphoid tissues [156], particularly after depletion of B and T cells, and their growth impairment in the bursa and thymus [157, 158, 159].
- 2. Clinical signs and pathological lesions: Flocks affected with IBH/HPS show abrupt mortality, with nonspecific clinical symptoms thatvary among individual birds. At necropsy, affected chickens show enlarged and swollen liver, with yellowish discolouration and haemorrhagic or necrotic foci. Common findings in birds affected with HPS includeaccumulation of straw-coloured clear fluid in pericardial sac, hepatitis and nephritis[160]. Additionally, atrophy, necrosis and petechiae in the pancreas can be noticed in birds with IBH [161, 162]. Histologically, numerous eosinophilicintranuclear inclusions or sometimes basophilic can be seen in the hepatocytes [163]. In addition, multifocal coagulative necrosis and mononuclear cell infiltration in liver and pancreas are often noticed[162, 164, 165 166]. Lymphoid degeneration along with lymphocytic depletion highlights the possible role of virulent FAdV strains in immunosuppression [157, 159, 167]

Mortality rates and incidence are much higher in birds with HHS than those affected with IBH[168]. Otherwise, both the diseases affect liver and other viscera including the lymphoid organs. On the other hand, highly virulent FAdV-1 causes gizzard erosions with discolouration of the koilin layer, gastric perforations, and dilated proventriculus [169]. In general, histologicallyglandular epithelial cellsappear degenerated and necrosed and lymphatic cell infiltration with intranuclear inclusion bodies could be

appreciated in the lamina propria and muscular layers of the gizzard [170, 171, 172].Experimental studies have revealed intranuclear inclusion bodies in the mucosa of gizzard up to two weeks post infection with pathological changes in the pancreas and/or liverin birds inoculated with adenovirus [169, 171].

- 3. Diagnosis: Microscopic detection of inclusion bodies and specific lesions in the affected organs helps in initial diagnosis of FAdV infection followed by electron microscopy to study the virus morphology [173]. Additionally, recent conventional and molecular techniques successfully detect FAdV in suspected cases. Virus can be cultivated in chorioallantoic membrane andyolk sac of 8 to 12 days old embryonated chicken or duck eggs. Inoculated dead embryos displayhaemorrhages, curling, stunted growth, as well as presence of inclusion bodies in visceral organs. Isolation of FAdV is possible in cell cultures, where viruses can be propagated on chicken embryo fibroblasts, liver, kidneys, QT-35 cells and Vero cell lines [174, 175, 176]. Molecular diagnosis of FAdVis done using various techniques, viz. restriction endonuclease analysis (REA), in-situ hybridization using DNA probes, conventional PCR and real-time PCR (RT-PCR). Diagnosis by the conventional PCR is based on detection of hexon gene loop 1, but this technique cannot quantify the viral load [177, 178]. Therefore, SYBR-green based realtime PCR methods were used in multiple studies that identify and measure the quantity of all FAdV species [179, 180, 181, 182]. Additionally, several serological techniques like agar gel precipitation test, viral neutralization (VN) test, counter immune electrophoresis, indirect immunofluorescence assay [149], agar gel immunodiffusion test [183] and various modifications of an enzyme-linked immunosorbent assay (ELISA) can be employed for identification of FAdVs in tissue homogenates.
- 4. Mixed Infections of Immunosuppressive Viral Diseases: Many researchers have reported mixed infectionsof immunosuppressive viruses in chickens under field conditions[17, 20, 47, 182, 186] and their combined effects have been experimentally elucidated in chickens as well. In one of the experiments, it was demonstrated that CIAV produced suppressed effect on vaccine immunity of turkey herpesvirus (HVT) andthat the response was markedly depressed in chicks that were dually inoculated with CIAV and MDV or HVT, than those in chicks inoculated with CIAV alone[41]. In another study, dual infection of CIAV and IBDV in SPF chickens showed that, IBDV increased the susceptibility of birds for CIAV infection by as much as 100-fold, which resulted in increased mortality rates [26, 27, 184]. It was later proposed that IBDV infections should be controlled by vaccination programs in breeder flock to provide brood with maternal antibody and thus limiting the interactions between CIAV and IBDV. CIAV could also exacerbate the effect of virulent strains of MD virus challenge in poorly immunized birds[26, 27, 185]. In another report, ARV enhanced pathogenic effect of CIAV in chickens inoculated with both ARV and CIAV. This resulted in production of extensive lesions in bone marrowandthymus, produced by either of the virus alone[186]. A study suggested that IBDV produced immunosuppression due to development of suppressor cells in the spleen of infected chicks causing in vitro mitogenichyporesponsiveness and impairment of helper T-cell function making birds susceptible to infection by MDV [187]. In addition, co-infection with CIAV and vvMDVstrain aggravated mortality and thymus and bursal atrophyas compared to the infection with either virus alone. Thus, CIAV was considered as an important factor in increasing frequency of occurrence of MD [188, 189].

## VI. CONCLUSION

Immunosuppressive viral disease of chickens have historically caused great loss to the poultry industry in terms of mortality. Therefore, proper strategies for controlling these viral diseases should be implemented which includes proper and timely vaccination for breeder as well as progeny flocks. Good managemental practices, proper biosecurity procedures especially in intensively housed chickens can reduce the rampancy of infections. Other procedures include annihilation of contaminated feed and water, regular disinfection of chicken houses and avoiding multi-age farms to prevent the spread of diseases among younger and older birds.

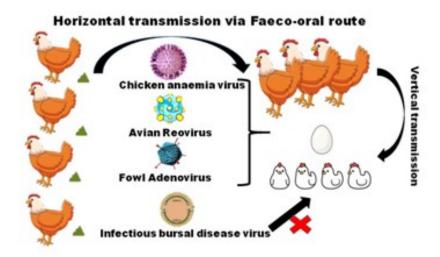


Figure 1: Route of Transmission of Immunosuppressive Viral Diseases

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