

**Call for Book Chapters/Research Papers for Edited Books**  
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**Growing Global Importance: The Role of Yoga and Ayurveda in  
Managing Non-Communicable Diseases (NCDs)**



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## Call for Chapters

# Growing Global Importance: The Role of Yoga and Ayurveda in Managing Non-Communicable Diseases (NCDs)

### Aims and Scope:

Aim to explore and analyze the growing global recognition of Yoga and Ayurveda as complementary approaches in the prevention, management, and rehabilitation of non-communicable diseases (NCDs), while evaluating their integration into modern healthcare systems and their potential in promoting holistic well-being. The scope of this work includes an analysis of scientific research, clinical studies, and global health initiatives that support the integration of Yoga and Ayurveda into modern healthcare systems. It will also address the fundamental principles of these traditional Indian systems and how they align with current public health goals. The study will highlight successful models of implementation, evaluate policy support from global organizations like the World Health Organization (WHO), and discuss challenges related to standardization, acceptance, and evidence-based validation. Furthermore, it will consider the cultural adaptability of Yoga and Ayurveda and their increasing acceptance in diverse societies as sustainable, low-cost strategies for managing NCDs worldwide.

### List of Topics :

- The Global Rise of Non-Communicable Diseases: An Overview
- Yoga and Ayurveda: Traditional Wisdom in a Modern Health Crisis
- Integrative Medicine: Merging Yoga, Ayurveda, and Allopathy for NCD Management
- WHO Guidelines on Traditional Medicine: Implications for NCD Care
- Global Recognition of Yoga and Ayurveda in Public Health Policies
- The Role of Yoga in Cardiovascular Health
- Yoga-Based Interventions for Type 2 Diabetes Management
- Impact of Yogic Breathing Techniques (Pranayama) on Hypertension
- Yoga for Mental Health: Managing Depression and Anxiety as NCDs
- Yoga as a Preventive Strategy in Lifestyle-Related Disorders
- Ayurvedic Diet and Its Role in Preventing Metabolic Disorders
- Herbal Remedies in Ayurveda for Chronic Diseases
- Panchakarma Therapy: Detoxification and NCD Prevention
- Ayurveda and Diabetes: Traditional Remedies in Modern Times
- Personalized Medicine in Ayurveda for NCDs: The Concept of Prakriti

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