



Dr. Biswajit Dash, born in Rourkela, Odisha into an orthodox odia brahmin family of teachers. Currently, serving as Reader and Head of the department in Panchakarma at Government Ayurvedic College and Hospital, Balangir, Odisha. He has completed his Bachelor of Ayurvedic Medicine and Surgery in 2006 from SSN Ayurveda College and Research Institute, Paikmal under Sambalpur University, Odisha and Masters degree - Doctor of Medicine in Panchakarma in 2011 from DGM Ayurvedic Medical College, Gadag under Rajiv Gandhi University of Health Sciences, Karnataka. His post graduation dissertation was on the topic, "Effect of Panchatikta Prasrutika Basti in Madhumeha W. S. R. to Hypoglycaemic Activities". In April 2022, he was awarded with Ph.D degree from Sambalpur University, Odisha for his research, "A Comparative Clinical study on effect of Matra Basti of Shuddhabala taila and Ketakyadi taila in Janusandhigatavata W. S. R. to Knee Osteoarthritis". His areas of interest include Preventive, Curative and Promotive Panchakarma Therapy with Community Awareness. Ayurvedic Geriatric Care, Sports Medicine, Leech Therapy, Yoga and Value Education. He had professional experience more than 15 years in Clinical practice with over 9 years of teaching experience. For the year 2014, he got selected for Odisha Ayurveda Medical Education Service through Public Service Commission and joined Government Ayurvedic College and Hospital, Balangir.

Dr. Biswajit has published many scientific papers in different journals. He has attended more than 50 State, National and International seminars, conferences and webinar as a participant as well as an expert. He has presented 15 papers to his credit. He holds a Distinction in Certificate of Geriatric Care from Odisha State Open University, Sambalpur. He has attended various workshops, conferences and Continuing Medical Education (CME) on Ayurveda, Panchakarma and Geriatrics. He is also attached to Old Rourkela Education Society (to fight against Old Age) as Master Trainer and Counselling Supervisor Since 2013. He is a recognized PhD supervisor of Sambalpur University and also

examiner to various Universities. Dr. Biswajit is a National Executive Member of Ayurveda Teachers Association of India, Pune, Member of NASYA, New Delhi and Vishwa Ayurveda Parishad, Lucknow. He is also a member of International Biotherapy Society, Israel and supporting member of AAPNA, USA. He has delivered guest lectures in various institutions on different topics and took Awareness classes (Child Education) and counselling for adolescents at various Anganwadis, Schools and Colleges. He has coordinated voluntary blood donation camps and free Medical Camps in GAC, Balangir. His expertise is in the treatment of Neurological disorders through Classical Ayurveda therapies. In year 2018, he was felicitated by Prof. Ganeshi Lal, the Honourable Governor of Odisha, for his valuable contribution in Panchakarma Practise. On the eve of Teachers Day Celebrations, he was awarded by Lok Sevak Mandal & Samaja, Cuttack with 'Guru Gourav Samman - 2021' from the Odisha Assembly Speaker Dr. Surya Narayan Patra. He has own many excellence prizes during School and College study for Dance, Music and cultural activities for which he was awarded with State Youth Award by Govt. of Odisha for year 2007-08.

Participations:

1. 2nd Cholayil's International Ayurveda Congress – New Delhi, 2005
2. Workshop on Parasurgical Procedures in Ayurveda – CRI (Ay) Bhubaneswar, 2006
3. Jijnasa , State Level Seminar on Ayurveda – Mysore, 2008
4. Cardia Health – Ayur Expo – Chennai, 2009
5. Samayojana – Standardisation of Purvakarmas – Belgaum, 2010
6. Anusandhana – Workshop on Para surgical Procedures in Ayurveda – Mumbai, 2010
7. National Seminar on Ayurveda, Hyderabad, 2010
8. Interactive workshop between Students and Teachers on **Arishta Vigyan** Conducted by Rashtriya Ayurveda Vidyapeeth, New Delhi, 2011
9. World Digestive Day, Indian Society of Gastroenterology, Bhubaneswar, 2011
10. Global Ayurveda Festival on Non-Communicable Diseases, Trivandrum, 2012
11. Interactive workshop between Students and Teachers on **Clinical Diagnosis in Ayurveda** Conducted by Rashtriya Ayurveda Vidyapeeth, at SDM College of Ayurveda, Hassan, 2012
12. **CME in Panchakarma for Ayurveda Doctors** Conducted by Rashtriya Ayurveda Vidyapeeth, at SDM College of Ayurveda, Hassan, 2014
13. **Vaidyanadham**, Dr. L. Mahadevan's Sri Sarada Ayurvedic Hospital, Kanyakumari, 2014

14. Interactive Training Programme on **Avritatva and Gatatva of Vata** at SDM College of Ayurveda , Udupi by RAV, New Delhi, 2015
15. **CME for Teachers of Panchakarma** Conducted by Rashtriya Ayurveda Vidyapeeth, at Shri NPA Govt. Ayurved College, Raipur, 2017
16. **Amrita Samyogam** Conducted by Amrita University - School of Ayurveda at Amrita Institute of Medical Sciences, Kochi, 2017
17. National Conference on Chronic Ailments and Ayurveda – Annual Scientific Seminar Paprola, 2017
18. UGC Sponsored National Seminar on Social Inclusion: Policies and Practices, March 3rd & 4th 2018 Organized by P.G. Dept. of Sociology, Sambalpur University
19. **CME for Teachers in Geriatrics** Sponsored by Ministry of AYUSH, Govt. of India at Rajiv Gandhi Govt. P.G. Ayurvedic College & Hospital, Paprola, 2018
20. National Seminar on Role of Ayurveda in Sports Medicine, 1st & 2nd March 2019 at Pravasi Bharatiya Kendra organised by RAV, New Delhi
21. Su-Jok Acupuncture & Acupressure awareness and training Program 26th March 2019, by CARAM at GAC, Balangir
22. National Seminar on Trends, Issues and Challenges of Teacher Education Programme in 21st Century, 5th & 6th April, 2019 Organized by Dept. of Education, Sambalpur University, Burla.
23. One Day training on IDSP by Directorate of Public Health & NHM, Govt. of Odisha, Dr. AC Homoeopathic Medical College & Hospital, Bhubaneswar 18th July, 2019
24. Interactive Workshop on ‘**Ayurvedic Approach to Jwara and its Management**’ at India International Centre, New Delhi by RAV, New Delhi, 4th – 5th Oct. 2019
25. International Conference on Diabetes Mellitus ‘**Asthaa - 2019**’ at Utkal Ranga Mancha, GKCMORC Campus, Bhubaneswar, 9th – 10th Nov. 2019
26. Brain storming sessions on Clinical Rasa Shastra – An elegance for Global Community organised by Dept. of Rasa Shastra and Bhaishajya Kalpana at BHU, Varanasi, 22nd – 23rd Nov. 2019
27. CME on Evidence Based Clinical Practice – Sri Sri College of Ayurvedic Sciences and Research, Sri Sri University, Cuttack, 5th March 2020
28. Sensitization Workshop on ‘**NAMASTE Portal**’ at CARI, Kolkata, 22nd – 23rd Mar. 2022.

29. **CME for Teachers of Panchakarma** Conducted by All India Institute of Ayurveda, New Delhi, 22nd – 27th August 2022
30. **Three Day workshop on Scientific Writing** organised by CCRAS, New Delhi & Rashtriya Ayurveda Vidyapeeth, New Delhi at CARI, Bhubaneswar from 24th – 26th Nov. 2022

Oral Papers Presented:

1. **Panchakarma as Rasayana** – Jijnasa, Mysore, 2008
2. **Role of Mustadi Yapana Basti in Geriatrics** – National Seminar, Hyderabad, 2010
3. **Effect of Panchatikta Prasrutika Basti in Madhumeha W. S. R. to Hypoglycaemic Activities** - National Conference on Chronic Ailments and Ayurveda – Annual Scientific Seminar Paprola 2017
4. **Elderly Care through Ayurveda** - UGC Sponsored National Seminar on Social Inclusion: Policies and Practices, 3rd & 4th March 2018 Organized by P.G. Dept. of Sociology, Sambalpur University, Burla.
5. **Role of Ayurveda in Sports Medicine wrst Padaghata Chikitsa**, National Seminar on Role of Ayurveda in Sports Medicine, 1st & 2nd March 2019 at Pravasi Bharatiya Kendra organised by RAV, New Delhi
6. **Teacher training Issues and Challenges with reference to Ayurvedic Education** – National Seminar on Trends, Issues and Challenges of Teacher Education Programme in 21st Century, 5th & 6th April, 2019 Organized by Dept. of Education, Sambalpur University, Burla.
7. **Vivid analysis on different Basti yogas in Diabetes Mellitus** - International Conference on Diabetes Mellitus ‘Asthaa - 2019’ at Utkal Rangamancha, GKCMORC Campus, Bhubaneswar, 9th – 10th Nov. 2019
8. **Evidence Based Panchakarma Practice** – Sri Sri University, Cuttack, 5th March 2020
9. **Utility of Medicinal Leech Therapy** - National conference on Update Ayurveda ATACON - 2021 by Ayurveda Teachers Association, Pune at Online Zoom platform, 15th Aug, 2021
10. **A case study on Janusandhigatavata** - National Seminar on Lifestyle Diseases - 2021 ‘Team Sameeksha, Kerala’ at Online Zoom platform, 17th Aug, 2021
11. **Diagnostic Methods in Janusandhigatavata** – A narrative review : ‘Pareeksha Anveshana - 2021, National Webinar on Diagnostic Principles by JSS Ayurveda Medical College, Mysore, Karnataka’ at Online Zoom platform, 15th Sep, 2021
12. **Abhyanga for Longevity - A Scientific Approach** – Jirnoddhara - 2021, National Webinar on ‘Geriatric Diseases Care and Cure’ by Parul University, Vadodara, Gujarat at Online Google platform, 12th Oct, 2021
13. **Shilajit for Longevity - A Scientific Approach** – Jaitra - 2021, Victory over Old age, International Pre-conference cum Webinar by Parul University, Vadodara, Gujarat at Online Google meet, 18th Oct, 2021
14. **Ayurvedic Management of Bronchial Asthma – A case report**– Pranayu - 2022, Online International Conference on Respiratory Disorders by SBSJS Ayurvedic Medical College and Hospital, Farrukhabad, Uttar Pradesh, 1st April, 2022

Resource Person / Keynote Speaker / Talk / Guest Lecture

1. Some useful Medicinal Plants, P.G. Dept. of Botany, Rajendra (Auto) College, Balangir, Feb.2018
2. Keynote Speaker during the Confluence Knowledge Webinar Series for Maharishi Ayurveda on “Ayurveda Interventions for MILD to MODERATE HYPERTENSION: Real World Evidence Case Studies”, 25th July 2020.
3. Guest Speaker webinar series 2020, Belley Sankarpur Rajib Gandhi Memorial Ayurvedic College and Hospital, Kushdanga, West Bengal, ‘Practice of Panchakarma in Geriatrics’, 15th Oct. 2020.
4. Resource Person in Panchakarma in Clinical Skill Development & Refresher Training Programme for Ayush Doctors (Ayurveda) at Govt. Ayurvedic College, Balangir on 23rd Feb. 2021 & 16th March 2021 & 23rd March 2021.
5. Guest Speaker on ‘Ayurveda and Geriatrics’ in Ayurveda Parva, 2021, Bhubaneswar, 27th March 2021.
6. Guest Speaker Karma Smriti webinar series 2021, SVM Ayurvedic Medical College and Hospital, Ilkal, Karnataka, ‘Practice of Panchakarma in Geriatrics’, 27th Aug. 2021.
7. Azadi Ka Amrit Mahotsav – 75th year of Celebration of India’s Independence – AYUSH campaign at Pruthviraj High School, Balangir– 4th Sept.2021
8. Azadi Ka Amrit Mahotsav – 75th year of Celebration of India’s Independence – AYUSH campaign at Govt. Girls High School, Balangir– 6th Sept.2021
9. Featured Speaker World Ayurveda Day webinar 2nd Nov. 2021, AAPNA USA, ‘Wonders of Leech Therapy”
10. Azadi Ka Amrit Mahotsav – 75th year of Celebration of India’s Independence – AYUSH campaign at Saraswati Shishu Vidya Mandir, Balangir– 20th Nov.2021
11. Guest Speaker at All India Radio, Balangir on Liver Disorders broadcasted on 20th April 2022
12. Yoga Nidra, 8th International Yoga Day Celebrations, GAC, Balangir– 21st June 2022
13. Guest Speaker at Gruhalaxmi programme by All India Radio, Balangir FM on topic ‘Old Age and Ayurveda’, broadcasted on 13th Oct. 2022
14. Scope of Panchakarma in Geriatrics, 7th Ayurveda Day Celebrations, GAC, Balangir– 22nd Oct. 2022
15. Featured Speaker World Ayurveda Day webinar 23rd Oct. 2022, AAPNA USA, ‘Basti Therapy”
16. Resource Person in Panchakarma in Clinical Skill Development & Refresher Training Programme for AYUSH Doctors (Ayurveda) at Govt. Ayurvedic College, Balangir on 1st, 29th Nov. & 21st Dec.2022.
17. Invited Speaker in Ayurveda Parva-2023 by All India Ayurveda Congress on ‘Healthy living through Panchakarma’ at Gopabandhu Ayurveda Mahavidyalaya, Puri, 21st January 2023.
18. STA Explorations Guest Lecture (Online) on ‘Practice of Panchakarma in Jara (Geriatrics)’ Organised by School of TechnoAyurveda, Hyderabad, on 18th March 2023.

Special achievement – One of the Participant as recipient of Nasya Therapy at Guinness World Records: Active participation in Guinness World Book Record for “Largest number of people receiving NASYA therapy during ‘1st Rashtriya Ayurveda Yuva Mahotsava’ at National Institute of Ayurveda, Jaipur (Rajasthan). (15th of Sept. 2017) Nasya performers were 733 and the recipients were 733.

Reviewer:

1. International Journal of Ayurveda and Traditional Medicine, ISSN (Online): 2582 – 5410
2. AYUSH: International Research Journal of Ayurveda Teachers Association, Online ISSN: awaited
3. INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS (Open Access Journal) ISSN -2320-2882

Editorial Board Member:

1. International Journal of Ayurveda and Pharmaceutical Chemistry (A peer reviewed journal dedicated to allied Sciences) e ISSN – 2350-0204
2. International Journal of Homeopathy & Natural Medicines, ISSN Print: 2472-2308

Board Member:

1. Advisory member World Journal of Pharmaceutical and Life Sciences, ISSN - 2454-2229
2. Member in Board of Studies for Ayurveda, Sambalpur University, Odisha for academic session 2022-23, vide. 5980/Acd. I / Dt. 20/09/2022

Articles & Papers Published:

1. *Dhanwantari Jayanti*, **Gana istahar** Odia paper, Nov. 2015.
2. *Amavata*, **The Samaja** Odia Daily Newspaper, Date-12.10.2017.
3. *Vivid analysis on Matra Basti* - Biswajit Dash, Rabindranath Acharya: Vivid Analysis on Matra Basti, Page Numbers : 31-38, **International AYUSH Journal** | Oct Dec 2019| Vol 1| Issue 1
4. *A Comparative Clinical Study on Effect of Matra Basti of Sudhabala Taila and Ketakyadi Taila in Janusandhigata Vata* - Dr. Biswajit Dash, Dr. R.N. Acharya : **Scholars International Journal of Traditional and Complementary Medicine**, Page Numbers : 106-110 DOI : 10.36348/sijctm.2020.v03i05.004, Volume-3| Issue-5|May 28, 2020
5. *Case Report: Ayurvedic Management of Knee Osteoarthritis* - Biswajit Dash, Rabindranath Acharya: **World Journal of Pharmaceutical Research**, 2020 - Volume 9, October Special Issue 13, 935-941. ISSN : 2277–7105 [DOI : 10.20959/wjpr202013-19010]
6. *Janu Sandhigatavata : A Comprehensive review of the Ayurvedic literature* – Dr. Biswajit Dash, Dr. Rabindranath Acharya, **International Journal of Scientific Research**, Volume - 9, Issue - 11, November – 2020 Page Numbers : 18-20 | PRINT ISSN No. 2277 - 8179 | DOI : 10.36106/ijsr
7. *Matra Basti the Panacea: A Narrative Review* - Biswajit Dash, Rabindranath Acharya, Gayatri Pattajoshi, **International Ayurvedic Medical Journal** | Page

Numbers : 2606-2611, October - November 2020| Vol 5| Issue 1 | ISSN: 2320 5091
ISBN: 978-1-635354805

8. *Practice of Leech Therapy in Ayurveda-Siddha-Sowa Rigpa-Unani (ASU) System of Medicines: A Cost Effective Treatment* - Biswajit Dash, Gayatri Pattajoshi, Syed Mohd Abbas Zaidi, Subin S Das | **International Journal of Ayurveda and Traditional Medicine** | VOL 3 | No. 4 | JUNE 2021 | Page Numbers: 30-37 | ISSN (Online) : 2582 – 5410
9. *Dhanwantari Jayanti celebrated as Ayurveda Day*, **The Pioneer** English Daily Newspaper, Date-02.11.2021

Conference Proceedings –

1. *Shilajit for Longevity - A Scientific Approach* - Biswajit Dash, **Proceeding of International Conference - JAITRA 2021** | 19 & 20 November 2021| Page Numbers: 105-110 | ISBN: 978-93-5515-117-9

Book / Chapter Published –

1. One chapter in the book ‘Recent Advances in Ayurveda and Drug Development’ published by North Eastern Institute of Ayurveda & Folk Medicine Research (NEIAFMR), Pasighat, Arunachal Pradesh on *Practice of Leech Therapy in Ayurveda – A Short Review*: **Biswajit Dash** | March 2022 | ISBN: 978-81-955047-1-8

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