



BALRAJ SHARMA

RN RM

ABOUT

Extremely motivated to constantly develop my skills and grow professionally. I am confident in my ability to handle the task given to me. To encourage creativity and higher-order thinking in a way that increases student performance. To build a long-term career as a teacher in a position that offers opportunities for career growth, and to keep up with cutting-edge teaching technologies. Possesses an effective, positive, and flexible teaching style with the willingness to work beyond the comfort zone.

PROFESSIONAL SKILLS

BLS
ACLS
Vital Sign
Infection Control Measure
General Care Procedure
MS Office (Word, Excel, PowerPoint, One drive.)
G-Suite (Docs, Drive, Forms, Gmail,Sheets.)

PERSONAL SKILLS

Creative spirit
Reliable and professional
Organized
Time management
Team player
Fast learner
Motivated
PR/Guest relation
Attention to details
Team Management
Collaborative

EDUCATION

Master's of Science (MENTAL HEALTH NURSING)

Rajasthan University Of Health Science 2019-2021

Bachelor of Science (NURSING)

Rajasthan University Of Health Science 2013-2018

Class 12

CBSE 2012-2013

Class 10

CBSE 2010-2011

CERTIFICATES

Short Term Course In Forensic Nursing by Dte. GHS and AIIMS, New Delhi (26th April 2022)

Course on Computer Concepts (NIELIT)

Basic Life Support Provider (valid upto 21/01/2024)

Advanced Cardiac Life Support (valid upto 21/01/2024)

Infodemic Management 101 (World Health Organization)

Introduction to Infection Prevention and Control (IPC) (WHO)

Standard Precautions: The role of Personal Protective Equipment (WHO)

CURRENT DESIGNATION

Assistant Professor Department of Mental Health Nursing in S.N. Institute of Nursing Science . Since 3rd January 2023 to Present.

- Planning of Master Rotation Plan with the cooperation and collaboration of Principal.
- Planned and took students for the educational trip to Saras Dairy to show them the Flash method for the pasteurization.
- Organised an Blood donation camp in the College Campus with collaboration of Swasthaya Kalyan Blood Bank
- Organised an workshop in the university Campus on First-aid and Emergency in collaboration with State Disaster Response Force.



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- Formation of committee in the college for organising future events such as cultural, sports and scientific committee etc.
- Planned and executing all the year activities to be conducted by the students.

LANGUAGE

Hindi
English

WORK EXPERIENCE

1 .Assistant Professor Department of Mental Health Nursing in Liberty College Of Nursing. Since 15th March 2022 to 31st December 2022.

- Planning of Master Rotation Plan with the cooperation and collaboration of Principal.
- Planned and took students for the educational trip to Water Sanitation.
- Formation of committee in the college for organising future events such as cultural, sports and scientific committee etc.
- Planned and executing all the year activities to be conducted by the students.

2 .Clinical Instructor Cum Nursing Tutor in Global Institute of Nursing from 1 June 2018 to 14 Oct 2019.

- Tutored students in the nursing school in all content areas.
- Designed individualized tutoring assistance.
- Helped students prepare for all nursing exams.
- Assisted students with improving test-taking and content area skill sets.
- Involved students in classroom discussions and brainstorming sessions.
- Planning for students' practical experience, ward assignments and vacations in consultation with the Principal/Vice-Principal.
- Planning of ward teaching program with the cooperation and collaboration of Principal/Vice-Principal.

CONFERENCE

- India Japan International Conference (BICON-2017)
- Rajasthan Nursing Council National Conference of Nursing (RNCNCON-2022)
- 1st National Conference on Basic Life Support and Advanced Cardiac Life Support Organised by Rajasthan Private Nurses Association
- 2nd National on Stimulation based Teaching Organised by Rajasthan Private Nurses Association

CONTACT

P: +91 9414800555
+91 8947027681
E:balrajsharma@hotmail.co.uk



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PAPER PUBLISHED

- A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING SIDE EFFECTS OF CHEMOTHERAPY AND ITS COPING STRATEGIES AMONG THE PATIENTS ADMITTED IN CANCER UNITS OF SELECTED HOSPITALS KASHMIR. (ISSN NO. 2320-2882)
- PRE-EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF PLANNED TEACHING PROGRAMME ON SKILL REGARDING PREVENTION OF CENTRAL LINE ASSOCIATED BLOOD STREAM INFECTION AMONG STAFF NURSES IN SELECTED HOSPITAL KASHMIR

PROJECT UNDER TAKEN :

1. Research Project During M.Sc. Nursing- "A study to assess the effectiveness of video-assisted learning on Nomophobia among B.Sc. Nursing 1st Year students of selected nursing colleges Jaipur, Rajasthan.
2. Research Project during B. Sc Nursing- A study to assess attitude towards nursing care of B.Sc. Nursing Ist Year students of selected nursing colleges Jaipur Rajasthan.
3. Bio-Medical Waste Management (B.M.W) - Formulated a model to identify the cause injury to health care workers. Identify the reason behind the transmission of disease from patient to patient, patient to health workers and vice versa

AWARDS

- Awarded by the Rajasthan Nursing council for the Model exhibition during the 1st National Conference by Rajasthan Nursing Council.
 - Awarded by the Rajasthan Private Nurses Association for the contribution in Nursing Education.
 - Awarded for 2nd Position in class in B.sc Nursing Part 1.
 - Awarded for anchoring at College Cultural Program
 - Awarded multiple sports awards for securing positions in college sports week.
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WEBINAR ATTENDED

- National Seminar on advanced methods of skill teaching and evaluation in nursing education, Organized by Banasthali Vidhyapeeth on 26th April 2022.
- Advanced Nursing Practitioner : Paving the way in India organized by Society of cardiac nurses on 27th Feb 2022.
- Effective Teaching Learning Strategies, Organized by Jaipur National University from 03rd June 2021 to 5th June 2021.
- Responding to Covid-19 : Lesson Learned and Future Ahead, organized by Maharaja Agrasen College of Nursing MAMC, Hisar and Global Foundation for Nursing Profession and Social Services on 19th July 2021.
- Current Trends in Nursing by Society of Cardic Nurses and NTA, India 3rd Webinar -2nd Webinar Series on Trends in Nursing on 29th June 2023

FACULTY DEVELOPMENT PROGRAMME

- Participated in Faculty Development Program: Short Term Course in Forensic Nursing organized by Dte.GHS, Nursing Division, MoHFW, Government of India in collaboration with College of Nursing and Department of Forensic Medicine, AIIMS, New Delhi, ECHO-India on 20th and 21st April,2022. (5 Hours)

MEMBER

- Secretary at Rajasthan Private Nurses Association
- Australia and New Zealand Mental Health Association
- INPA Welfare Foundation
- GIAR Academic Foundation

OTHER ACTIVITIES

- Participated in Rajasthan Eduhack organized by DOIT&C Rajasthan
 - Participated in a webinar on Nursing Informatics Matters Now more than Ever.
 - Participate in Pulse Polio Program
 - Participate in Blood Donation Camp
 - Volunteer in Sankhnad Foundation
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