**Responsible Tourism Practices and Quality of Life: Perspective of Developing Country like India**

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**Abstract:**

Responsible Tourism is can be described as "creating improved destinations for individuals to live in as well as better destinations for individuals to visiting for holiday." Responsible Tourism necessitates the initiative from the stakeholder’s such as hoteliers, tour operators, governments, local residents as well as tourists which should carry responsibility, and take responsible action to create tourism magnified sustainable which is very beneficial for all the aspects of tourism. The sector of tourism is an imperative influencer of economic advancement as well as creation of employment across the globe, thus, it contributes for almost 10% of the worldwide GDP which is very essential for not only developing countries but also developed countries. Progressively, more and more nations are trying improve to tourism sector for economic development, as well as travel in itself has on no occasion been as reachable to as numerous individuals as it is nowadays. Consequently, parts of the globe that were formerly difficult to reach are in present era effortlessly reachable, as well as the price of travel is significantly lesser at the present time equaled to 20-30 years before. More importantly, the growth in attractiveness of channels of social media such as facebook, instagram inspires as well as encourages individuals to see the tourist destinations to the greatest extent so far. So, the globe is turning smaller, the growth in numbers of visitor on destinations from all the countries of the globe has had a significant influence on resources such as local communities as well as the environment. Gratefully, more and more stakeholders such as tour operators, hotel companies, destinations, as well as other organizations in the hospitality and tourism industry are thinking on fetching more sustainable as well as inspiring responsible tourism for the overall development of there countries.

In short, responsible tourism attempts to together decrease as well as reverse the destructive impact of travel on local communities and environment. These can consist of the globalisation, destruction of heritage, overcrowding, destroying environment, unfavorable social change as well as many other factors which is not good for tourism. This research presents a review as well as deliberating the perception and magnitudes of responsible tourism as well as also the quality of life for people. One approach to resolve conflict on the impact of activities of tourism can be termed as Sustainable development and the foremost code of sustainable development is to uphold the value of the environment for upcoming generations. Also bearing in mind the needs of the tourist, the industry of hospitality and tourism, the environment, as well as the host communities of destination, sustainable tourism has to focus also at present as well as upcoming impacts of economy, social as well as environment. In the nutshell, Responsible tourism is a component of sustainable tourism which has very parallel intentions that target at protection of environment, welfare of society, as well as benefits to the local economy. Thus, the responsible tourism is directly responsible for the quality of life, so the awareness about responsible tourism is very necessary.

**Keywords:** Responsible Tourism, Quality of Life, Environment, Local Community

**Introduction**

Responsible tourism is defined as “tourism that minimizes negative social, economic and environmental impacts and delivers greater economic benefits to local communities”. You may have heard this term in another context. Sustainable tourism, ethical travel, responsible travel, impactful travel – all these terms are used to describe positive impact travel rather than negative impact. Tourism is his trillion dollar industry and accounts for his 10% of global GDP. It is a very huge industry that can have both positive and negative impacts on people and the environment. The impact of tourism depends on responsible tourism practices. Responsible tourism was defined in Cape Town in 2002 as part of the World Summit on Sustainable Development. This definition, the Cape Town Declaration, is now widely accepted and was adopted by the global travel market on the 2007 World Responsible Tourism Day.

Responsible tourism is about “creating better places to live and better for visitors”. Responsible tourism requires operators, hoteliers, governments, locals and tourists to take responsibility and take action to make tourism more sustainable.

Responsible tourism is about using tourism to create better places for people to live and better places for people to visit, in that order. It differs from sustainable tourism in that it focuses on what people, businesses and governments are doing to maximize the economic, social and environmental impact of tourism. It is about identifying and addressing critical issues on the ground and transparently reporting on progress in using tourism for sustainable development. Responsible tourism is evidence-based, and perceptions and criticisms must be evidence-based.

World Travel Market has adopted Cape Town's definition of responsible tourism for World Responsible Tourism Day.

The Cape Town Declaration recognizes that responsible tourism comes in many forms, characterized by travel and tourism that:

Minimizes bad financial, environmental and social impacts; Generates more financial blessings for nearby humans and complements the wellbeing of host communities, improves operating situations and get entry to to the industry; Involves nearby humans in selections that have an effect on their lives and lifestyles changes; makes nice contributions to the conservation of herbal and cultural heritage, to the protection of the world`s diversity; presents extra fun stories for travelers via extra significant connections with nearby humans, and a more know-how of nearby cultural, social and environmental issues; offer get entry to for humans with disabilities and the disadvantaged; is culturally sensitive, engenders recognize among travelers and hosts, and builds nearby satisfaction and confidence. Behavior may be extra or much less accountable and what's accountable in a selected region relies upon upon surroundings and culture. Responsible Tourism isn't always the identical factor as sustainable tourism. Sustainability is the aim, a aim which could best be completed via way of means of humans taking obligation, collectively with others, to attain it. Responsible Tourism is ready taking obligation for making tourism sustainable, it's far approximately what humans do to deal with the numerous unique demanding situations we face.

**Purpose of Responsible Tourism:**

Responsible tourism means that the place and its people benefit from your visit. In developing countries, especially those where tourism is boosting their economies, countries can make economic choices at the expense of sustainable solutions. For example, large tracts of land can be converted into hotels, resorts, golf courses, etc. to attract tourists with little regard for local life. There are no air, water or noise concerns in these areas. We do not respect the impact on local communities or endemic plants and animals. So while the tourism industry can benefit in the short term, such uncontrolled tourism creates other problems in the long term. Where such unsustainable practices are introduced, tourists will be the first to notice and realize that sustainable tourism is not practiced and is negatively impacting destinations. Responsible tourism means that tourists need to make responsible decisions about when, where and how they visit and explore new places.

**Objectives of the study**

To understand the responsible tourism practices and quality of life with perspective of developing country like India

**Research methodology**

The current research seeks understand the responsible tourism practices and quality of life with perspective of developing country like India. This is a conceptual study based on a literature review.

**Sources of Data**

Secondary data collected from journals, research articles, and publications.

**Literature Review**

The importance of tourism as a major source of income is widely recognized (M.H.M. Hanafiah & Harun, 2010). Many destinations have been identified and developed as tourism resources to meet the needs of travelers who travel from one place to another and escape their daily life by experiencing and experiencing many things. Development of tourism areas includes a range of socially conscious strategies such as sustainable tourism, ecotourism, ethical tourism and other tourism development best practices (Mowforth & Munt, 2008). Previously, sustainable tourism has received widespread attention from tourism scholars over the years (Bramwell & Lane, 1993; Hunter, 1997). Sustainable tourism development is gaining attention and many governments have adopted it as a policy in their tourism planning. However, there is currently much debate about the effectiveness of sustainable policies in guiding tourism development (Bramwell & Lane, 2014). It is important to note that the tourism industry is based on people, places and the interactions between them. The industry is highly sensitive to the social and physical conditions of destination micro- and macro-environments (Hanafiah & Harun, 2010). Indeed, the tourism industry faces many sustainability challenges, including: B. Resource manipulation, economic uncertainty, and changes in tourism demand. For this reason also, tourism policy makers need to promote and make available the benefits of renewal and resilience for residents and communities. This is why Responsible Tourism Practices (RTP) was first established and is now emerging as an established area of ​​tourism research relevant to enhancing current sustainable tourism development (Spenceley, 2010). RTP shares the same goals as sustainable tourism, focusing on environmental conservation, social justice and maximizing benefits to communities. Moreover, RTP is the most popular policy for promoting tourist destinations, mainly in European and African countries (Bramwell, Lane, McCabe, Mosedale & Scarles, 2008). Initially, the tourism industry developed with the support of residents working in this industry. Residents play a central role as key players in tourism development. Local community support is a key factor for successful tourism development, as tourism planners and other authorities working in the tourism industry need to be involved in community input on development plans. Community involvement is particularly important for successful tourism development and responsible tourism practices, and residents' attitudes can directly affect the development of the tourism industry (Ling, Jakpar, Johari, Myint & Rani, 2011). However, the core principle of community participation in tourism development planning has proven difficult (Shani & Pizam, 2012). Residents' perceptions of the impact of tourism development have been extensively studied with similar results. The tourism industry impacts the economy, society and culture of local communities (Deery, Jago, & Fredline, 2012; MH Hanafiah & hemdi, 2014; MH Hanafiah, Jamaluddin, & Zulkifly, 2013; Lee, 2013). However, the results of these studies yielded conflicting results. Several studies have reported that residents tend to perceive tourism development negatively (Gabriel Brida, Osti, & Faccioli, 2011; Nunkoo & Gursoy, 2012). On the other hand, some researchers suggest that residents see tourism as contributing to various economic, social and cultural benefits of their communities (Deery et al., 2012; Shani & Pizam, 2012). Moreover, the tourism industry was seen as a means of creating new jobs and improving infrastructure. As suggested by M. Hanafiah, Abas, Jamaluddin, Zulkifly (2013) The tourism industry offers new opportunities and needs to initiate social change in local communities. Residents found that tourism positively impacts local services by improving the standards of roads and other public facilities (Xue, Kerstetter, & Buzinde, 2015). García, Vázquez, and Macías (2015) point out in their study that the majority of residents see tourism as a tool in their economic development strategies. Residents are likely to view tourism as a tool to reduce unemployment by creating new employment opportunities, attracting new businesses and creating new investment opportunities. and revenue for the government. Almost all studies examining the relationship between perceived economic benefits and attitudes towards tourism report a positive relationship (Látková & Vogt, 2012). However, researchers who investigated the relationship between perceptions of social impacts and support for tourism development reported negative associations between negative social impacts and residents' perceptions of tourism development (M. Hanafiah et al., 2013). Furthermore, M. H. Hanafiah andhemdi (2014) suggest that tourism benefits can come from four different dimensions: environment and economy, society and culture. The above implications have led to the conclusion that economic, environmental and sociocultural aspects dynamically influence residents' life experience and satisfaction with quality of life (Moscardo, 2009). However, it is important to note that sustainable tourism development can only affect quality of life through the active support of residents (Lee, 2013). Finally, based on a review of major tourism white papers, it is clear that the quality of life of residents has improved through sustainable tourism development and responsible tourism practices (Carasuk, 2011). To minimize the negative impacts of tourism development, few researchers have proposed RTP as an alternative for tourism development (Brunt & Courtney, 1999; Hafiz, Jamaluddin, Zulkifly, & Othman, 2014). The responsible concept was seen as a useful guideline to assist and protect tourist destinations from mass tourism floods. Therefore, the RTP evaluation was narrowed down to local people's insights into practices. Martínez, Pérez, and Rodríguez del Bosque (2013) suggested that RTP could emerge from social responsibility and ethical dimensions with a focus on local perspectives. In addition, Hafiz et al. (2014) in their research identified his two aspects of responsible tourism: responsible destination planning and responsible environmental practices. This is consistent with studies by Carasuk (2011) and Darson, Wahab, Kassim, and Hanafiah (2013), suggesting that community proposals for responsible tourism were based on environmental practices and tourism development plans. I'm here. However, few studies have examined the interplay between tourism development, responsible tourism and quality of life impacts.

**What Is Responsible Tourism?**

Responsible tourism essentially means that tourists use tourism revenues, directly and indirectly, as a means of conservation, poverty alleviation and economic support. Responsible travelers respect local people and the local environment wherever they visit.

Reason?

Sustainable travel reduces negative (and sometimes exploitative) impacts on the environments and communities we visit. Furthermore, responsible tourism optimizes tourism's overall positive potential. We have done a lot to create a sustainable local tourism industry and we are doing much more to ensure that our travels are responsible, including how and with whom we book our vacations. Yes, but there are also a number of steps travelers can take to mitigate its impact. I'll break down the reasons a little further. Then share tips and ideas for socially responsible travelers and volunteers.

**Why Is Responsible Tourism Important?**

Tourism is a huge global employer. According to World Travel & Tourism Council economic data for 2018, travel and tourism accounted for a staggering 10.4% of global GDP, and the tourism sector employs 319 million people worldwide, is equivalent to 1/10th of the work done on Earth. This is just the beginning of the impact of tourism. If you consider the supply chain to all restaurants, hotels and tours, the number increases significantly. Tourism has a big impact on the planet, but not always. Tourism-related issues vary from region to region and country to country. Disadvantages of tourism include: Tourism demand can strain local resources and deprive locals of food, housing and land. Tourism can stress the habitats of endangered animals and encourage poaching of wildlife for tourist consumption. Air travel is a major pollutant. Tourism has commoditized some cultures and peoples, creating vibrant zoos in hill tribe villages and slums. Tourists may offend locals by not following dress codes and culturally appropriate behavior. This list could go on. Humans are curious creatures. It's easy to see something like a table tennis show in Bangkok on the street and think it's worth watching. However, sex tourism and sex trafficking are rampant in Southeast Asia. It is important for travelers to consider all aspects of their behavior and activities. The goal of responsible tourism is to find ways to mitigate the negative impacts and amplify the positive changes tourism brings to the region.

**And there are many positives to responsible tourism, too.**

These are just a few of the many ways tourism can be used as a positive force.

* Tourism has the potential to bring about the greatest redistribution of wealth from developed to developing countries.
* Tourism can put money and economic purchasing power directly into the hands of locals.
* Tourism can encourage locals to protect wildlife and end poaching.
* Tourism is an example of such practices as effective garbage and waste management.
* Tourism can create meaningful and deep cultural exchanges between tourists and locals. Tourism can generate compassion and empathy for people we don't understand, stimulating deeper humanity on both sides.

Many of these benefits apply to developing countries, but responsible tourism can help, whether you're visiting the canals of Venice or hiking the Swiss Alps.

Responsible tourism is both a mindset and a course of action. But actions are also important. Here's what you need to know before embarking on a new journey.

**Ways to Be a Responsible Tourist**

**1. Go Overland**

Flying consumes a lot of fuel and causes high environmental costs. It's worse than you thought - worse than predicted many years ago. Flight is not only bad for the environment, it is not sustainable as our first destination. Responsible travelers should consider choosing a closer location if the timing of their trip prevents them from disembarking (I accept that ships take longer, and if the way to reach the destination country by land is Really not, if you are determined) .If you do go there, commit to responsible overland transportation while exploring the various sights and activities upon arrival. To be fair, the aviation industry has a lot of innovation. Airlines are working hard to make planes and fuel more efficient. But once you're on the ground, group travel by bus, shared taxi or train is usually the most effective way to reduce your footprint. This is doubled if you are in a mountainous natural area. Find out how to travel with a group and take advantage of shared transportation.

**2. Respect Cultural Norms**

Research the cultural norms of each place you visit. Additionally, we encourage you to read local authors and stories about each new location. It's often the little nuances of culture that fascinate her. Some countries have rules about patting children on the head, while others require women to make direct eye contact. Dressing for home church may differ significantly from best practices in your new country. Part of being a responsible traveler is knowing when and how to respect cultural norms. Not only is it a responsible tourism tenant, but it is also the best way to make new friends and set the stage for honest, sincere and respectful conversations with locals!

**3. Use Local Resources**

Source food, souvenirs and tours from locals. Spending money at your destination is the best way to put money directly into the local economy. Deforestation, poaching and other problems are often directly impacted by the availability of local employment and fair wages. We will support the residents all year round. Want to take charge to the next level? Choose a company that prioritizes this responsible commitment. Everything from ski resorts to hostels can commit to responsible and sustainable tourism practices. This very concept is the foundation of a social enterprise database of grassroots volunteer responsible tourism organizations. The travel decisions you make are important. So choose companies that support their own communities and take steps to protect natural resources.

**4. Lessen Your Trash Impact**

Put your trash where it belongs. Many countries lack a strong sanitation and trash infrastructure, but even if the locals dispose of garbage in rivers and mountains, take the extra step to dispose of yours responsibly. And if recycling is available, take that extra step too. Peak tourist season in vulnerable areas brings a range of issues, trash being one of them. Responsible travelers know that roadside littering is wrong, so simply hold onto your trash until you can dispose of it in a responsible way. This doesn’t always work out in the end—locals may still use local methods to dispose of your trash—but modeling is an import part of environmental preservation in vulnerable areas. Another option is to limit your plastic and trash in the first place. Bring a device that allows you to clean your own water instead of buying and disposing of plastic water bottles. You can use a SteriPen, or LifeStraw (here’s a review of how and why to use one while traveling). We’ve already highlighted the big issue of trash, and massive use of water bottles is a huge contributor to that. At the very least, bring a water bottle, as many guesthouses and hotels have fill-up stations with filtered water.

**5. Choose Your Travel Activities with Care**

When we leave our home country, it’s easy to see the entire world as an opportunity. In each destination, rules and regulations can differ greatly from your home country. In cash-strapped places, some of the activities locals are willing to provide tourists are dangerous, questionably ethical, and often exploitative. This part of responsible tourism asks the traveler to analyze the impact of the activity before participating. In Southeast Asia, it’s common to see tourists riding an elephant or hugging a tiger both activities have very negative consequences despite being a part of mainstream tourism in this area. Similarly, you may have the chance to take a slum tour in India or Africa, but some of these are little more than fostering a “human zoo” attitude toward the locals. There is no easy way to lay out “do this but not that” for every country in the world (although our free Responsible Travel Guides take a stab at it). Instead, think of the impact of your activities at every level. What did it take to get the animal there and is it being treated humanely. Does the tourism activity foster cultural understanding and exchange? Or does it instead provide little more than a good photo opportunity? The answer to these two questions should inform your behaviors. **O**r do they offer few good photo opportunities instead? The answers to both of these questions should influence your behavior.

**6. Spend Money**

Spending money makes you feel better than just taking advantage of local organizations. Tourism dollars are an essential source of funding for many people and local governments. Visiting national historic sites, museums, and attractions will boost the local economy. By distributing the money to different locations, more family-run businesses can benefit from the money you spend in the country. This is especially true in places suffering from overtourism. Next, think about how you can act more locally. Community organizations are far superior to Western and multinational corporations. If possible, spend your money locally and support local businesses. It's one of the easiest ways to stay accountable when volunteering or traveling. GV has one of the few social business location listings in the world. All of this is provided by fellow responsible travelers.

**7. Travel in the Off-Season**

Both urban and rural areas are feeling the effects of the high season, with overtourism driving capacity in the world's most popular destinations. We already know that litter will be an issue in high season, but it still continues. Many cities face pollution and traffic problems year-round, but these problems are exacerbated during peak tourist seasons. The same applies to mountains and remote natural areas. Plants, animals and animals call these remote areas home, and many people who travel through the remote areas pollute the environment. Consider traveling during shoulder season. This has the added benefit of spreading the impact of tourism and putting more money into the local economy throughout the year.

**8. Keep Things in Perspective**

Traveling can be stressful. For many responsible travelers, travel is an adventure into uncharted new territory. With all the new and the unknown, one of the most important lessons to remember is to keep your perspective. In situations where you feel pressured to donate to beggars, know your stance before you go. If you're new to haggling, remember to maintain respect and perspective. Many travelers don't always understand that sellers are selling something at a loss when they feel it's the only way to make money that day. Haggling is part of many cultures, but you have to understand what the dollar means and pay attention to every little aspect. The same goes for when things get confusing, overwhelming, or completely confusing. Take a deep breath and step back from the situation if necessary. Be respectful and proceed in a balanced and friendly manner. You are a guest in this country, be good.

These are just some of the ways you can take advantage of Responsible Tourism on your next trip. It's about committing to a spirit that seeks every opportunity to travel with respect, not just action. Unforeseen circumstances arise on the road and it is up to the responsible traveler to find an appropriate course of action in this situation. If you are a hiker, there are other considerations. If you're volunteering in a remote area, you may find unique ways to support your local community here as well. Traveling with a commitment to responsible travel is a necessary step for all willing travelers. This sets an example for other travelers who may be less aware of the impact of each new destination on its people and places.

**You’re Contribution towards Responsible Tourism:**

As a responsible traveller you should ask yourself: “What do I know about the place I am visiting? Does the money I spend benefit the locals, and how are my choices affecting the environment?”

Some of the choices you can make are: Visit a wildlife sanctuary rather than a zoo, buy local products directly from the producers at markets and fairs, visit restaurants that sell locally grown fruits and vegetables, support fisher-folk and farmers in the towns and villages you visit, avoid the use of plastic, and save water and electricity whenever possible.

**Responsible Tourism in India:**

In India many groups have chosen to play a part in helping others to practice responsible tourism.

* Devil on Wheels is an organisation covering 17 villages in the Himalayas. It was set up to help the local community that earns its living from tourism. Devil on Wheels connects local guides directly to travellers so the guides are not exploited by the middlemen. They also help tourists contribute to the villages with medicines and education kits that locals may need.
* The Salaam Baalak Trust together with Greaves India organises walking tours to draw attention to lives of street children in India. The tours are conducted in English by teenagers who used to live on streets themselves before joining the Trust. All the proceeds from the walk go towards helping street children.
* Kerala is the one state that is that leading the way in setting up of RT destinations. Some of these destinations are Kumarakom, Wayanad, and Kovalam. Each of these locations showcase what is known as the ‘Village Life Experience’. For example, in Kumarakom you can take a ride in a country boat, watch the toddy tappers at work, or go bow-and-arrow fishing. You will see how coconut tree leaves are used to thatch roofs and make brooms, the shell are made into card and soap holders, and actual coconut turned into oil. There are a number of RT certified hotels in Kumarakom, too.
* **Responsible Tourism Awards:**

Responsible tourism will receive greater attention through superior incentives and awards.

• Recently, Maharashtra's Farm of Happiness won the Gold Medal in Outlook India's 'Responsible Tourism Facilities', while Dewarokam in Kerala and Atariganga in Uttarakhand took his second place. These three hotels have implemented small, meaningful projects such as adopting natural farming and conscious eating concepts, adopting sustainable practices, gender balance among staff, minimizing water usage, and managing waste. A leader in the field.

• Jammu & Kashmir and Tamil Nadu, which protect snow leopards and crocodiles respectively, have made significant contributions to conservation efforts. The Snow Leopard Sanctuary protects the globally endangered leopard through Himalayan homestays that create employment opportunities for locals. Offset livestock losses and reduce conflicts between wildlife and humans. The trust also serves traditional Ladakh food and accommodates guests in traditional rather than modern rooms.

• Don't stay natural. Heritage and cultural preservation are also valued. Arco Iris, a more than 200-year-old Portuguese colonial mansion in Goa, is acclaimed for its restoration and preservation of charming Grade II listed bungalows, and is a major draw of tourists to the state. It remains as a home.

• Innovative tour operators like Maharashtra's Grassroots are helping. travelers experience rural India. Through their work, they are helping one million livelihoods in rural India, increasing income and employment, preventing forced migration, revitalizing local handicrafts, and protecting biodiversity through green tourism. Aiming to be

• Another worthy winner is Delhi-based Planet Aled. This is an organization that provides accessible travel solutions and leisure activities for people with disabilities.

For those who love to travel, a few conscious decisions to support organizations like this and the local economy in general will make sure that the beauty of a place and the lives of its people are enhanced for your next visit. Guaranteed, others too.

**7 destinations in India that need responsible tourism, not overtourism**

Tourism forms an important part of the Indian economy, but increasing tourism can come with its own problems. As reported by The Economic Times, India is the 7th largest tourism economy in the world by GDP (gross domestic product). The surge in tourism has caused overcrowding in many parts of the country, affecting the environment and local people. Today it is very important to be a conscious, respectful and responsible traveller. Traveling means exploring, not exploiting. Several national parks in India are experiencing overcrowding problems. For example, the government of Ranthambore National Park tried to introduce new transportation regulations to protect the animals, which was strongly protested by the Ranthambore Bachao Sangalsh Samity. Samiti also called for more tourists and vehicles to enter the national park.

**Agra**

Agra's biggest problem is the increase in tourists. The increase in tourists has led to large-scale deforestation for the construction of hotels and guest houses. The problem has also affected the Taj Mahal itself, with visitor numbers exceeding his 50,000 on some days, which could affect the condition of the marble floors.

**Shimla**

Recently, Shimla faced its first problem of continuous water shortage. Locals had to live without water supply for eight days. Due to overuse of hotels and resorts, Hill Station ran out of water. The mountain town has also experienced large-scale unplanned development in recent years due to an increased influx of domestic and international tourists. Apart from that, population growth is causing garbage problems, noise pollution, traffic jams, and landslides caused by deforestation.

**Goa**

Goa is a tourist paradise. This beach destination has been the most visited by tourists in recent years. With this surge, this small state is in trouble. The problem of declining agricultural land is due to increased tourism. Locals started using their land for commercial tourism instead of agriculture. An inefficient waste management system has also created huge landfills. This is also a complete waste of land. In addition to agricultural and waste management problems, unplanned construction along riverbanks and coasts has also caused soil erosion in the area.

**Sri Nagar**

Sri Nagar is a piece of paradise on earth and shows how irresponsible travel is affecting the natural resources of this place. Tourists from all over the world come to this part of India for the beauty of the Himalayas. However, the increasing number of tourist boats, the dumping of garbage into lakes and rivers, and the unequal consumption of local resources are beginning to cause serious environmental damage.

**Darjeeling**

Known as the Queen of the Hills, Darjeeling has been a popular tourist attraction for many years. This mountain town has been investigated for its massive unplanned expansion in the last 30 years. Hundreds of towering hotels have been built on hilltops without properly following hilltop building guidelines, with road development making the slopes less stable. Waste from commercial activities and hotels has resulted in a fragile waste management system that further pollutes the environment.

**Varanasi**

Varanasi's air quality is among the most toxic in the world. In short, the most toxic city in the world. Nevertheless, hundreds of pilgrims and tourists visit Varanasi to experience the essence of this spiritual land. Here, rivers are polluted with plastic litter, flowers and industrial waste. The increase in tourists is unhealthy for the overall development of this city.

**Conclusion**

Responsible tourism in India is becoming an increasingly popular way to travel. Responsible travel is a daily occurrence and we love it.At India Someday we help our customers travel more responsibly by making small changes or supporting ethical tourism initiatives. I want to From environmental awareness to respect for people's cultures. This is your must-read guide to responsible tourism in India. Responsible travel requires us to consider the impact our travel decisions have on the destination environment and local culture. Being a responsible traveler means ensuring that travel impacts, where they are unavoidable, are minimized and made positive. It also ensures your responsibility to know the ethical practices of the companies and organizations you patronize.

**Recommendations**

Making a conscious choice to be a responsible traveler is the first step towards responsible tourism in India and elsewhere. We've listed eight simple points that are surefire ways to actively combat that carbon footprint.

**1. Opt for authenticity over conventionality**

Choose a homestay or her BnB over a chain hotel. Shopping at the local market is always fun, but eating at local eateries rather than mainstream recommendations provides an authentic dining experience. Promote initiatives that support the lives and skills of marginalized communities and local artisans. The Anokhi Museum of Rajasthan aims to preserve the dying handicrafts and hand-printed art forms of her, Sadhna is made by women in the rural, tribal and urban slums of Southern Rajasthan. We support handicrafts. Sheroes' Hangout Café in Agra is a venture led by an acid attack survivor. These are just a few examples, there are many more.

**2. Respect local customs, traditions and rituals wherever you go**

Remove shoes before entering temples and mosques, and cover shoulders and feet in holy places. Do not disturb others in prayer or meditation. Finally, always ask permission before taking a photo of someone. Being aware of your surroundings is also an important aspect of responsible tourism.

**3. Travel without increasing your carbon footprint**

Ideally, avoid private transportation and planes. Choose public transport instead. Bike, walk, bus, taxi, subway, tuk-tuk, and his Uber for sharing are good options for local transportation. Longer distances can be covered by night buses or trains instead of flights. If you're looking for the same tour ideas.

**4. Reducing plastic and food waste**

Bring a clean water bottle and fill it with water if possible. Ask your hotel if they have refillable water filters, and don't buy plastic bottles despite their convenience. Carry cotton bags to avoid plastic bags and invest in collapsible metal straws and metal cutlery. Don't waste food. This is perhaps the easiest way to promote responsible tourism in India and the world.  
  
**5. Always do a little research when it comes to wildlife tourism**

Certain organizations, such as Wildlife SOS and TOFT Tigers, are green and trustworthy. Some are spotted and don't have animal welfare in mind. Be well informed about elephant safaris and try to avoid them if possible. India can help with this one day. Email us or click "Plan a trip".  
  
**6. Support responsible and sustainable tourism projects**

There are several projects in the tourism industry such as: B. Reality Tours offering city walking tours and excursions. This is a social enterprise that uses a profit sharing model to fund our sister NGO, Reality Gives. Offering a caring and caring environment for street and working children, the Salaam Barak Trust also offers a Delhi City Tour. It's run by the same kids who raised her. If possible, opt for eco-friendly cycling and hiking. Alternatively, choose from hotels such as Indhrivanam, Vegan Eco Cottages and CGH Earth's Eco Luxury Hotels.

**7. Volunteering is attractive but must be treated with caution**

Volunteer for what you know and commit for a reasonable amount of time. A few months of working on the skills you have can make a big difference. Going to school or an orphanage doesn't actually help children, it just makes them feel better. Making informed decisions is the best way to do this.

**8. Choose a small local travel agency with good practices for planning trips**

Supporting locally-run organizations benefits the local economy. And who better than a local to help you travel around the country responsibly? Leave the big corporations behind and boost your local credibility. India Someday is proud to be one of these regional organizations.

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