**A Review of Hydrogels their Classifications, and Applications**

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**Abstract**

A hydrogel is a three-dimensional network of polymers that is water insoluble and can absorb bodily fluids in a biological condition. A polymer network like that is created via physical crosslinking and chemical crosslinking mechanism. Chemical hydrogels are created by covalent forces, whereas physical hydrogels are formed by weak secondary forces. Hydrogels are made from a variety of synthetic and natural polymers. The most significant characteristics of hydrogels are swelling, mechanical properties, and their biological properties, all of which have an impact on the hydrogel's morphology and structure. Hydrogel is used in wound dressings, tissue engineering, contact lenses, adsorbent, sensor and in medical applications, because of its water-absorbing properties and structural resemblance to the extracellular matrix (ECM). In this review hydrogels, types of hydrogels, their applications have discussed.

**1 Introduction**

**1.1 hydrogels**

Researchers, over the years, have given different definitions of hydrogels. Such as they are polymeric networks extensively swollen with water and hold onto a substantial amount of water within its structure, but insoluble in water. The hydrophilic functional groups attached to the polymeric network attributes to the absorbance and water retention property in a hydrogel. On the other hand, the cross-links between the polymeric chains attributes to their reluctance to dissolution. Hydrogels can be defined composed of two or more components having a 3-D network of polymeric chains. Hydrophilic gels are interpreted as networks of polymeric chains which are often colloidal gels having water as a medium of dispersion.1,2 Hydrogels are commonly stated as a cross-linked polymeric chains that undergoes swelling in presence of water, and are obtained through a simple reaction between one or more monomers. It maintains its 3-D property in its swollen phase by the virtue of crosslinking.3 Hydrogels have acquired huge attention in the past 50 years, due to their exceptional promise in various applications.4 Hydrogels exhibit flexibility very similar to that of natural tissue due to their capability of carrying large water and fluid contents, such as biological fluids which may resemble biological tissues. Due to this property, a lot of interest has grown in designing the innovative devices by varying their physicochemical properties which can be tuned. Recently, natural hydrogels were gradually replaced by synthetic hydrogels having distinct structures that can be further modified to yield tailorable functionality and degradability. Relying upon the properties of the components utilized in polymeric network along with the density of the network joints, they can contain various amounts of water in equilibrium.5

The synthesis of hydrogels can be achieved by several chemical ways involving one-step methods like cross-linking of multifunctional monomers, polymerization, and multiple step methods which involves synthesis of polymeric chains containing highly reactive functional groups, which subsequently gets cross-linked with a suitable cross-linking agent. A polymer engineer can formulate polymeric networks possessing a molecular-scale control over structure including cross-linking density with modified features like, mechanical properties, biodegradation, biological and chemical response to stimuli.6

**1.2 Natural Gums based Hydrogels**

In the recent past, the prospected applications of natural gum polysaccharides in a range of fields of water, food, energy, environment, biotechnology, and medicine industries, have gained an eye of research fraternity, because of their accessibility, affordability, structural variety, and exceptional qualities. Natural gums or polysaccharides7 are obtainable from various tree groups, possessing extraordinary properties, including renewable, biodegradable, biocompatible, non-toxic nature and can be easily modified chemically.7 Natural gum-based hydrogels or polysaccharides provide several valuable properties compared to synthetic origin. In the recent years they have witnessed remarkable improvement as a novel alternative because of health, environmental pollution and ecological issues faced by the uncontrolled use of synthetic polymers based hydrogels.8, 9 Hence, there is a great demand of the materials that do not harm the ecosystem. These hydrophilic polymeric networks are insoluble in water, display higher strength and elasticity.1, 10 They are eminently responsive towards their environment, like any change in, pressure, electric field, solvent composition, pH and temperature.11,12,13 The practical importance of these hydrated polymeric network is tremendously increasing day by day and are of interest as biomimetic, intelligent and smart materials. They have applications in sensors, actuators and frequently they are being studied as self-oscillating gels.14 Hydrogels termed as Smart networks exhibit a significant physicochemical response towards small changes in the surroundings. These changes are reversible and have capability of returning to its initial state after the trigger is removed.15

**1.3 Classification of Hydrogels**

*Based on source*: They can be of natural or synthetic origins. Natural polymers include polysaccharides like alginate and proteins like collagen and gelatine, starch, cellulose, glucomannan, pectin, hemicellulose, gums, and agarose forming hydrogels. Synthetic polymers including polyvinyl alcohol (PVA), polyethylene glycol (PEG), polyacrylic acid (PAA), polyacrylamide (PAM) that form hydrogels are conventionally synthesized using chemical polymerization methods.2

*Based on polymeric composition* or synthesis techniques:

1. Homopolymer hydrogels have basic structural and functional unit comprising of a single type of monomer in the polymeric network. They can have cross-linked skeletal depending on the polymerization technique as well as on the type of monomer.16
2. Copolymeric hydrogels are derived from a variety of monomeric units with at least one hydrophilic component. The polymeric network chains can be arranged in a random, block or alternating configuration. 17
3. Multipolymer interpenetrating polymeric network (IPN) can be synthesized using two separate, cross-linked components of natural or synthetic polymers, confined in a network form. In case of Semi-interpenetrating hydrogel, one polymer is a cross-linked and other polymeric component is a non-cross-linked.18 They interact without any chemical bonding between them, one straight polymeric chain penetrates into another crosslinked network.19

*Based on physical and chemical composition:* (I) Non-crystalline (Amorphous) (II) Semicrystalline, a composite of amorphous and crystalline phases. (III) Crystalline.2

*Based on cross-linked networks:* Chemically cross-linked networks have permanent bonding involving covalent interaction while physical networks have transient junctions involving entanglements of polymeric chain involving hydrogen bonds, polar or ionic, hydrophobic type of physical interactions.2

*Based on* *electrical charge*: (I) Neutral (non-ionic), (II) Ionic (including anionic or cationic), (III) Amphoteric having both acidic and basic groups, (IV) Zwitterionic (polybetaines) possess both cationic and anionic functionality in each repeating unit.2

**1.4 Preparation of hydrogels**

Hydrogels can be produced employing natural, synthetic, and composite of both natural and synthetic polymeric materials. Hydrogels have been prepared by cross-linking polymer chains via chemical modification, external cross-linking agent, exposure to high energy radiation, and polymerization grafting. In the hydrogel formation chemical cross-linking involve the formation of new covalent bonds between polymeric chains in the hydrogel, where as physical cross-linking involves physical interactions between polymer chains.53 Both chemical and physical methods have their own advantages and disadvantages related with them. Conventional and controlled radical polymerization techniques results hydrogels with various morphologies, size and composition including hollow core-shell particles.54, 55 The most widely used mechanism is free radical polymerization to prepare hydrogels.56, 57 Usually in hydrogel preparation, the gel reactants react with crosslinker (s) to generate 3D-crosslinked networks in presence of radical initiators like potassium persulfate or ammonium persulfate. Free radical polymerization occurs in three main steps: initiation, propagation, and termination58. In the initiation step, free radicals (R●) are produced when an initiator dissociated and then react with other molecules (M) to produce the first radicals M●. In the propagation step highly, reactive free radicals rapidly react with molecules of monomer resulting formation of macroradicals. Usually, termination occurs by combination or disproportionation reaction of free radicals. Various shape of hydrogels like bulk, sphere, and films can be obtained by selecting the appropriate preparation process, raw material, and polymerization condition.47

*Bulk Hydrogels*: Usually, they are smoothly obtained by solution or homogeneous polymerization wherein all the reactants i.e., the monomer (or polymer), initiator, and cross- linker are soluble in the medium. The resultant hydrogel generally takes up the shape of the container in which it has been polymerized and yields a relatively homogeneous hydrogel.59 However, due to the slow diffusion of solute to the adsorption sites within hydrogel it will take long time to reach equilibrium during water treatment.60 Usually, bulk hydrogel is cut into small sized pieces manually or by using food blender to produce small size hydrogel beads for better adsorption efficiency. However, sometime cutting or grinding step may yield hydrogel particles with polydispersity and damaged morphology.61, 62

*Spherical Hydrogels*: Spherical hydrogel does not require grinding or cutting and thus avoids further morphology destruction and energy consumption. Hydrogel bead is an example of spherical hydrogel with a millimetre diameter. Usually, synthesis of spherical hydrogels involves dropping the monomer or polymer suspension using syringe into a solution thus, the size of the resultant hydrogel bead typically depends on the syringe's diameter. Chitosan, a natural polysaccharide which is biodegradable, nontoxic, odourless, biocompatible and biopolymer is commonly used for hydrogel bead preparation. It can be crosslinked by contacting with sodium and potassium cations.63-67

*Hydrogel Films*: Hydrogel composite film seems to have a great potential for real application. They exhibit robust and repeatable self-healing behaviour in the aqueous medium and are easy to prepare. Many hydrogels have been employes as an efficient ion-exchange film for water purification. Recently, the electrospinning technique is selected as a method to directly synthesis nanofiber hydrogel film.68 In order to synthesize a particular hydrogel composite with desired properties, some additional components could be incorporated into the hydrogel film either by mixing additive with hydrogel precursor before polymerization or by grafting after polymerization.69 Usually, hydrogel film is used in sensing applications in which it is generally employed as an active membrane, primarily to provide more hydrophilic surface and less susceptible to contamination.66

**1.5 Characterization of Hydrogels**

Numerous characterisation approaches have been utilized for understanding the hydrogel’s physical and chemical properties. The physical properties of polymeric hydrogels determined by the volume fraction, effective molecular weight of the polymeric chain in between two crosslinking junction and on the density of the crosslinking.20 Hydrogels have many properties, such as absorption capacity, permeability, swelling behaviour, optical, surface, and mechanical properties. The nature of the polymer chains and the crosslinking present in the network structures play a significant function in the result of the properties of the hydrogel. All these properties are responsible for making hydrogel a promising material for a wide range of applications.21

*Fourier Transform Infrared Spectroscopy FTIR analysis*: This method provides reliable crosslinking data and gives a notion of the hydrogels' morphology.

*Atomic Force Microscopy (AFM)*: This technique helps to examine the surface morphology of the hydrogels. It uses multimode atomic force microscope.

*Network Pore Size:* Various techniques, for instance, mercury porosimetry, Quasi-elastic laser light scattering, equilibrium swelling, electron microscopy, and rubber elasticity measurements experiments are employed to find out the network pore size of hydrogel. This is an important technique for hydrogel characterization.

 *X-ray Diffraction*: X-ray diffraction analysis enables one to understand the crystalline and amorphous nature of hydrogel, whether the crystallinity is maintained or was distorted while synthesizing.

*Swelling Behaviour*: To study the potential use as a hydrogel, the specific swelling data studies are employed and it has been successfully studied by numerous researchers.

*Crosslinking and Mechanical Strength*: The crosslinking density inside the network structure of hydrogel determines its mechanical strength. Generally, with increasing crosslinker concentration mechanical strength of the hydrogel also increases.

*Rheology*: It depends on the type of interactions (association, entanglement, and crosslinks) present in the polymeric network among polymer chains.

All these characterization methods provide important information about the desired crosslinking results, formation of hydrogel. Which can be useful further for various applications.3

**2 Applications of Hydrogel**

The salient features of hydrogels, they are biodegradable, hydrophilic character, biocompatible, less toxic, highly flexible like tissues and easily modifiable. They have good transport properties and the ability to response towards environmental changes such as pH, temperature, or the concentration of metabolites. Owing to their extraordinary properties, hydrogels are said to have novel applications in a number of fields like wound dressing, drug delivery, agriculture, tissue engineering, water purification, hygiene applications, etc.3,7

Owing to the properties similar to human soft tissue, hydrogels have been frequently utilized in biomedical field, such as drug delivery.22-25, gene vectors, tissue engineering26, 27, and biosensors28, 29. Hydrogels meet both material and biological requirements because they have unique characteristics like desired functionality, reversibility, and biocompatibility. They are commonly used for cell-laden, tissue regeneration, drug delivery, and biosensor.

*Soft Contact Lenses*: It remains one of the most popular uses for hydrogels due to their biocompatibility and mechanical properties. Hydrogels have the adjustability towards the global ocular curvature and allow the atmospheric oxygen to reach up to cornea by dissolving the water of the lens.30 Polyhydroxyethylmethacrylate (PHEMA) was the first ever established synthetic hydrogel as a favourable and great candidate for manufacture of contact lens by Wichterle and Lim (1960).3

*Tissue Regeneration and Tissue Engineering*: The loss or chronic failure of any organ function due to some severe disease or accident necessitates the demand of tissue and organ transplantations. It has become challenging due to lesser availability of donors, social norms, legal norms etc.31 Tissue Engineering has developed a hope for designing an ideal living substitute which imitate the functions of living tissues in human system.3 Scaffolds act as 3-D artificial templates in which the rebuilding of targeted tissue is cultured to grow. The extremely porosity of hydrogel enables the diffusion of cells during migration, transfer of nutrients and excludes the unwanted products outside of cellular membranes.32 Now, both synthetic and natural hydrogels are used as scaffolds in many tissue engineering applications, including repair of tendon, cartilage, ligament, blood vessels, skin and even heart valves.33 They have been used in a number of biomedical applications, including fillers for scar cosmetic repair7, bladder34, cartilage35, orthopaedic applications36, skin37 and bone38. Polysaccharides based hydrogels that exhibit biocompatibility with tissues which increases their significance in tissue engineering and biomedical applications.

*Wound healing*: Injured skin is covered to avoid bleeding and to protect the wound from environmental infections. Wound dressings are non-toxic, antiseptic, permeable to oxygen, preserve wound moisture, cause minimum damage, eliminates excess exudates and thus fasten the healing process while direct interacting with the wound. A great advantage of gum based hydrogel in wound dressings is that they can easily be applied or removed without interfering with the wound beds.39, 40 Compared to traditional bandages, pads, or gauzes, the mechanical characteristics of hydrogels increase their elasticity and flexibility to adapt with wounds and provide patients with immediate pain relief. They act as a coolant to localized wound in case of burn also reduces the pain and recovers from resultant damage.41, 42 Non-adhesive nature and hydrophilic surface of hydrogels do not allow it to attach with cells therefore causes less pain and discomfort to patient. Hydrogel transparency has a benefit over traditional bandages as it causes less discomfort during peeling it off. Various hydrogels for wound dressings are available, like amorphous gels, gel-impregnated gauzes, plasters or sheets. The development of hydrogel formulations to address different aspects of wound healing and management such as easy dressing, reduction in infection is attaining new heights.43, 3

*Drug Delivery*: Hydrogels' porous structure can act as a matrix for the loading or distribution of pharmaceuticals while also shielding them from harsh environments. Hydrogel targets specific sites like colon as a drug delivery agent and release drug or other nutrients timely. In addition to this hydrogel interacts very less with the drug and other loaded solute hence sustained and prolonged release occurs in the larger fraction comparative to conventional drug delivery systems.7 Because of their special ability to retain large volumes of water, hydrogels are valuable in drug delivery applications that regulate the release of solute over a predetermined length of time. This trait is known as hydrophilicity. Many biomaterials that function through two mechanisms have been investigated for this aim. (1) By adjusting the crosslinker dosage and keeping an eye on the proportion of hydrophilic to hydrophobic monomers, a controlled release of the medication can be accomplished. (2) Hydrogel release large fraction of active drug molecules (protein and peptides) because its interaction with drug is very less. Targeted and controlled drug delivery would reduce the undesired side effects and support the recovery aspects. Several mechanisms express the release of drug from hydrogel such as (a) diffusion, (b) chemical control, (c) deswelling and environmentally responsive release.3

*Agricultural Applications:* One significant step in achieving sustainable development and growth in agriculture is water management44. Superabsorbent polymeric hydrogels (SPH) derived from natural polysaccharides have gained significance in agriculture due to their remarkable capacity to hold and retain large amounts of water. In dry and semi-arid regions, SPH can be added to the soil to prolong longer moisture retention, enabling crops to tolerate arid weather. In dry and semi-arid soil, hydrogels act as "mini liquid tanks," releasing water into the soil along with the targeted amount of loaded nutrients. Modification in hydrogel properties as required give fertile physical properties of soil.45 The usage natural polysaccharides based SPH is flourishing owing to their biodegradability, durability, high water holding ability, avoid loss of nutrients, nontoxic, and their sustainability compared to synthetic polymer based hydrogels.46 Hydrogels have been used for the prevention of soil erosion over a decade by reduction in soil erosion, increasing water holding capacity, enhancing permeability of finely textured soils, enhance water infiltration among fine-textured agricultural soils. The water-soluble polyacrylamide (PAM) hydrogels form a thin film covering soil surface and are very efficient in preventing soil erosion. This film protect soil surface from washing away during irrigation and retains the optimum water content within the soil system, so that irrigation water can permeate easily.3

*Hydrogel as adsorbent:*  As we all know emerging contaminantsincluding pharmaceuticals, pesticides, industrial chemicals, metal ions, surfactants, and personal care products have elevated worldwide concern for their noteworthy hazard to marine ecosystem and human health. Many of them have no regulatory standards on the effects of chronic exposure due to the lack of information.70 These contaminants are stable under various conditions such as aerobic digestion, heat and light thus they can accumulate and cause adverse effects on ecosystems. Therefore, adsorption method has been greatly adopted to treat emerging contaminates as it is cost-effective and highly efficient.71

The use of hydrogel as an adsorbent in pollution management applications is becoming more and more popular. Both the hydrogel adsorbents and the type of adsorbate have a significant impact on the adsorption process. The Freundlich and Langmuir models provide a good interpretation for the adsorption data of emerging contaminants on hydrogels; the kinetic model is often pseudo-second-order. Because of the several interactions that occur between the adsorbate and the adsorbent, such as hydrophobic interaction, hydrogen bonding, ionic or electrostatic interaction, and π–π interaction, hydrogel adsorbents have a great affinity for pollutants. This fluctuates depending on several factors, including pH, the ionic strength of the solution, the chemical makeup of the adsorbent and adsorbate, and more. When the solution pH is different from the isoelectric point of hydrogel adsorbents, the surface of adsorbent will carry ionic charge. Ionic adsorbate undergoes simultaneous protonation and deprotonation at varying pH levels, leading to electrostatic interactions between them. Hence, pH is an important factor responsible for adsorption mechanism.47, 3 Many solid and liquid phase removal trials remained tracked for the elimination of pollutants from liquid such as coagulation, adsorption, biochemical precipitation, photodegradation, ion exchange, electrochemical treatment, flocculation, and membrane percolation.48-51 Of all these many methods, adsorption is seen to be superior due to its high efficiency, low effort, and ease of use. Hydrogels are thought to be special for adsorption-based water refining because of their high absorption capacity, low crystallinity, abundance of functional groups, and porous structure. Due to the several significant functional groups that polysaccharides (Gum) include in their structure, hydrogels based on them and graft copolymers have been thoroughly investigated as adsorbents for the removal of contaminants from aqueous environments, including heavy metal ions and organic dyes. The principle advantage of using natural gum-based hydrogels as adsorbents is their biocompatibility, their structure can be easily tailored according to the nature of the pollutant.52 Although hydrogels are found to be superior candidate for the removal of a wide range of aqueous pollutants, including heavy metals, dyes and other emerging contaminates but selective adsorption of contaminates is hardly explored. Therefore, research attempts are required to prepare hydrogels with desired properties, sensitivity, and selectivity toward a specific contaminant. Many hydrogels have been developed with desirable strength and adsorption capacity, but their chemical and biological stability always ignored which needs to be considered in wastewater treatment for economic viability and sustainability.47

*Hydrogel as sensor of heavy metal ions in environmental and biological sample*: Nonbiodegradable heavy metal ions widespread existence in water are potentially threatening to the ecosystem and living organisms. Hydrogels have been functionalized with many biomolecules, including DNA, to form stimuli-responsive sensors and materials72,73 However, for sensing application most of them rely on hydrogel phase transition or volume change. Because of their high sensor loading capacity, excellent biocompatibility, and extremely low optical background, hydrogels are perfect for optical sensor immobilization. Moreover , hydrogel backbone property such as charge and hydrophobicity can be modified by mixing with different monomers, allowing further control of sensor performance.73 As a transducer material, the stimuli-responsive hydrogel can be utilized to convert a recognition unit's reaction into a physical signal that can be detected by, e.g., quantifying the change of optical length with an optical fibre, observing the resulting change in swelling pressure under isochoric conditions or by measuring the diffracted wavelength of a polymerized crystalline colloidal array. The host-guest interactions in sensing applications have been proven to be a powerful tool. Usually, macrocyclic polyethers, i.e., crown ethers have been proved to be promising candidates in combination with hydrogel facilitated by the generation of highly selective and reversible host-guest complexes with specific alkali and heavy metal cations. Notably, the colorimetric sensing approach has garnered a lot of interest due to its direct visual perception, affordability, speed, and ease of use. Most colorimetric sensors are dispersed in sample solution for full contact with the target chemical to increase sensitivity; however, an uneven and unstable dispersion of the sensors might occasionally result in unsteady detection findings. Chemo sensors can be constructed on solid substrates to circumvent this issue. The choice of solid substrate is crucial since it has a significant impact on the sensor's sensitivity. In the sensor studies, a colorimetric chemo sensor can be formed by the design of molecules that change their colour in sample solution due to an alteration in their molecular structure in the presence of target ions.74 In aqueous conditions, the designed sensor molecule's solubility is crucial. The fact that the sensor cannot dissolve directly in water, although pollutant species, such as anion or cation, are soluble in water, is one of the most significant problems in this research. Additionally, the soluble sensor is meant to be used just once. To deal with such issues, researchers have opted to polymerize molecules that have sensing properties. According to this perspective, the sensor must be easily extracted from the sample solution and insoluble to be utilized again. Hydrogel is the best illustration of a solid support or polymer that is readily extracted from the sample solution through filtration. They are important for various sensing applications as they can be synthesized with good yield, have swelling in water, are reusable and stimuli responsive.74,75

Among other sophisticated technique such as atomic absorption (AAS) spectroscopy, inductively coupled plasma (ICP) spectroscopy which needed additives that are time consuming and complicated. Hence formulation of a new sensing methods for simple, fast, and portable on-site detection of multiple metal ions is considerable research interest. A colorimetric hydrogel sensor can act as an indicator which can produce visual changes in the presence of metal ions. The colorimetric probe has many binding sites like -OH, -NH and -SH functional groups that can form water-insoluble and stable complexes with various metal ions under ambient conditions. The colour change mechanism involved chemisorption process. Which implies the electron transfer mechanism occurring between adsorbent (sensor) and adsorbate (metal ions).76

Stimulus-sensitive hydrogels give response to slight changes in their environment such as physical stimuli including temperature, pressure, electric field, light, ionic strength, and magnetic field, chemical stimuli for example pH or ions change, or biological stimuli by changing volume in antigen, glucose, and enzyme. The hydrogels in the presence of these stimuli experience phase transition by sensing target substrate and simultaneously transform this sense into a macroscopic event. Such hydrogels may act as active sensing material and their response time depends on the shape, size and composition of hydrogel and can be improved by increasing both the number of ionic groups, and pore size and by reducing the size and cross-linking density.77 Polysaccharide-based natural polymers, including cellulose, starch, protein, chitosan and their derivatives, have also been explored in hydrogels synthesis for sensing applications, because, moreover to their ample functional groups and special chemical or physical properties, they are more interesting than their synthetic analogues which make them suitable for sensing. Hydrogels embedded with ion sensitive component can provide a great way of sensing ions, their concentration, and pH. Hydrogels based on polyacrylamide because of excellent biocompatibility and well-defined synthesis protocols with desirable physiological and mechanical functions are widely used in biosensors.78

Hou formulated an injectable hydrogel based on polysaccharide/polyacrylamide system for high-performance strain sensors.79 Hydrogels based on PAM and photonic crystals have also been explored as glucose or pH sensors by tracking the ionic strength. In addition to photonic crystal sensors, PAM hydrogels were immobilized with protein, enzymes, peptides, or antibodies for molecular recognition. They have been used humidity sensing, in the form of composites, because of their super absorbency.78

Amine-functionalized polyacrylamide hydrogels cross-linked with 5,6-dicarboxylic fluorescein are more selective for Cu2+ in presence of other metal ions and can be used to detect and quantify cupric ions.80 Toxic heavy-metal ions (Hg2+) may be identified by polyethylene glycol diacrylate (PEGDA) hydrogels by judicious exploitation of optical waveguides. The material allows to modify smooth surface with minimal light scattering at the surfaces. The fluorescence of embedded carbon dots (CDs) can be used to detect absorbed metal ions.81 Other mechanisms including fluorescence red shifts upon Hg2+ ions binding can be used through exploitation of thymine rich DNA-polyacrylamide hydrogels.82

The colloidal photonic crystal hydrogel (CPCH) films functionalized with aptamer were employed for the visual recognition of heavy metal ions (Hg2+ and Pb2+). The CPCHs were obtained from a colloidal crystal arrangement of monodisperse silica nanoparticles, polymerized inside the polyacrylamide hydrogel and aptamers were then cross-linked within hydrogel network. The specific binding of target ions and single-stranded aptamers cross-linked in the hydrogel network caused the hydrogel to shrink during detection. Which was identified as a corresponding blue shift in the Bragg diffraction peak position of the CPCHs and used to estimate the amount of the target ion.83

Diehl et. al. discussed the rapid mechanical actuation and sensing performance of plasmonic nanostructures combined with responsive polymeric network.84 Stimuli-responsive DNA-based nucleic acid hydrogel system and their novel applications have been reported.85 Recent developments about enzyme-responsive polymeric assemblies, nanoparticles, hydrogels and discussed their promising applications in biocatalysis, drug controlled release, sensing, imaging, and diagnostics.86 The molecular recognition properties of analyte-responsive hydrogels, the physicochemical changes occurs upon analyte binding can be used to generate a detectable signal for sensing applications and how these materials have been incorporated into sensors and drug delivery systems have been reported.87

**2.1 Heavy Metals and Toxicity**

The heavy metals are toxic bio-accumulative, non-biodegradable pollutants of the environment that pose a risk to human health. Heavy metals, such as arsenic, mercury, cadmium, lead, etc., are well-known bio accumulative, highly toxic, non-biodegradable pollutants of the environment. Increased urbanization, industrialization, and natural calamities such as volcanic activity, erosion of minerals and leaching of deposited ores are responsible for an increased level of heavy metals in our environment.88 Living organisms require small quantities of heavy metals such as manganese, iron, cobalt, copper, and zinc. These are nutritionally essential for the regulation of human metabolism. While all metals are hazardous in greater concentrations, heavy metals like lead, mercury, and cadmium are hazardous even in smaller amounts.89 Heavy metals such as lead, mercury and plutonium have no known vital role in organisms but can cause serious illness due to their accumulation over time in the bodies of animals.90 These metal ions aggregate in the human and animal bodies through the food chain, ecological system induces irreversible pollution and causes some serious health issues such as cancer, organ damage, nervous system damage and sometimes death.91 Though, metal ions play vital roles in biology, but even nectar is a poison if taken to excess. Thus, surplus levels of metal ions in living bodies can lead to malfunctioning in respiration, growth, gene transcriptions, enzymatic reactions, and immune functions.92 Therefore, routine detection of heavy metal ions is important for the environment. Current techniques, such as AAS, ICPMS, X-ray fluorescence, etc., require expensive equipment, complicated and time-consuming methods, and high levels of operator skills. The cost-effective, simple, fast, facile toxic metal ion detection method that allows real time on spot detection of heavy metal ions is an important goal.93

Among themost common pollutants found in wastewater, heavy metals are the main pollutants and causes severe ecological problems, thus their elimination from water during water treatment is crucial and requires research attention.94 The wastewater contaminated with toxic heavy metals released directly into aquatic ecosystems including with or without pre-treatment.95 Without any obvious symptoms, these metal ions may compile up to extremely high hazardous levels. The safe and sensible use of agricultural soils is hampered by long-term irrigation with wastewater contaminated with heavy metal ions. Food quality suffers when heavy metals such as Cd, Cr, Cu, Zn, Pb, Hg, and Mn aggregate excessively in agricultural soil. Vegetables and plants grown close to industrial zones have higher concentrations of heavy metals. Both humans and animals who consume these goods may have health issues due to the compilation of heavy metal ions in both edible and non-edible materials. Therefore, early detection, determination, and elimination of heavy metal ions from effluents are important for the survival of living organisms.96,97

**2.2 Elimination of heavy metals**

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Conventional methods such as coagulation/flocculation, biological treatment, reverse osmosis, electrochemical operation, complexation/sequestration, ion exchange, membrane filtration, chemical precipitation, zeolites, adsorption, and carbon-based sorbent are typically used to physically and chemically remove heavy metal ions from wastewater. The above-mentioned process becomes economically non-viable for the removal of heavy metals at lower concentrations and may cause secondary contamination.98-100 Many methods have been developed to remove heavy metal ions from wastewater, but they all have drawbacks. For example, when using a solvent extraction method, the eluent needs to be treated to prevent pollution from spreading. Adsorption of contaminants on solid sorbents seems to be an effective technology, but chemical precipitation of toxic sediments is not an economically viable method. Among all of these adsorption methods, is well known for being a simple, efficient, and adaptable way to remove heavy metals from aqueous solutions. The high-water retention capacity of hydrogel allows more rapid ion penetration into the cross-linked framework of hydrogel.101 They experience reversible volume changes in response to temperature and pH changes in the environment. Because of this characteristic, hydrogels are used as sensors, absorbents, and molecular detectors. Water molecules and ions can readily diffuse into and interact with functional groups (-COOH, -NH2, -OH) in a polymeric network thanks to the hydrogel's highly porous structure. The potential of hydrogels to be complex with metal ions allows them to be an efficient metal absorbent.102 Depending on the type of the polymers used, as well as on the properties, nature and density of the network junctions, such structures are in an equilibrium with aqueous medium can contain different amounts of water with a low optical background, high loading capacity, and good biocompatibility. Hydrogels which can swell up to thousands of times of their dry mass in aqueous media in response to external stimuli are called smart materials. This is due to the presence of hydrophilic functional groups like -NH2, –OH, -COOH, and -SO3H in the three dimensional structures, these groups can interact with pollutant species through both electrostatic and secondary interactions in aqueous media.103 Hydrogels are perfect for optical sensor immobilization owing good biocompatibility, better sensor loading capacity, and very low optical background.104 Further, by mixing with different monomers hydrogel backbone property such as charge and hydrophobicity can be modified, allowing control of sensor performance.

Various other methods have been reported to remove toxic metal ions from water for instance, Cerium phosphate polypyrrole flower like nanocomposite material (CePO4-PPY) was found to be a promising adsorbent for the efficient removal of Cr (VI) from wastewater. The removal process involved both adsorption and simultaneous in situ chemical reduction of Cr (VI) and to Cr (III).105 For the elimination of Cr (VI), a promising nanocomposite based on lanthanum phosphate polyaniline (LaPO4-PANI) was discovered. The adsorption mechanism involved combined effect of both adsorption and reduction.105 The polyaniline (PANI) and thorium dioxide (ThO2)-based core-shell nanocomposite utilised to extract Cr (VI) from water. ThO2-PANI nanocomposite could effectively adsorb Cr (VI) and partially reduced to Cr (III) during the adsorption experiment.106 Adsorbent based on lanthanum phosphate (LaP) and poly o-toluidine (POT) was found to be effective adsorbent with higher regeneration capability and potential removal of fluoride from ground contaminated water.107

Methods for the removal of Zn2+, Cd2+ and Hg2+ from water have been reported. For instance, DNA-functionalized polyacrylamide hydrogels employed for Hg2+removal from water.108 Highly ordered mesoporous silica impregnated with ligand N, N-disalicylidene-4,5- dimethyl-phenylenedene based optical nanocomposite material used for the sensitive and selective removal of Hg2+from waste water.109 Poly(N-isopropylacrylamide) hydrogel cross-linked with the diacryloyl derivative of cysteine used for removal of Cd2+ and Pb2+.101 A sensitive fluorescent sensor i.e. 2,2-dipicolylamine modified naphthalimide fluorophore followed by immobilization to the surface of silica microsphere used for detection and removal of Cd2+, Hg2+ and Pb2+ toxic metal ions from aqueous samples.110 Red mud, waste of an aluminium industry has been transformed into an efficient and inexpensive adsorbent for Zn2+, Cd2+ .111 Carbon aerogel is a new form of activated carbon used for adsorption Pb2+, Cd2+ and Hg2+ metal ions.112 Rice straw was used as a bio-sorbent for adsorption of Cu2+, Zn2+, Cd2+ and Hg2+ ions in industrial effluents.113

**3 Conclusion**

The presented review demonstrates the literature concerning classification of hydrogels, their properties, and applications. Hydrogels can be integrated into systems and changed into different configurations due to their biocompatibility, sensitivity to external stimuli, and physical and chemical structure. Hydrogel-based chemical and biosensors have advanced significantly in the last several years across a wide range of application areas. The hydrogels have proven beneficial in a variety of disciplines, including energy, environmental remediation, humidity sensing, medicine, soft robotics, and health monitoring, due to its versatile composition, innate properties, and ability to adjust numerous physicochemical parameters.

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