**Antimicrobial Activity of Lemon Grass Against Microbes of Environment**

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**Abstract**

For many years, *Cymbopogon citratus* has been grown for therapeutic purposes in numerous parts of the world. Lemongrass is used in traditional medicines for coughs, alcoholism, elephantiasis, malaria, pneumonia, and vascular problems. Cymbopogon citratus, commonly known as lemongrass.. The genus of family Cymbopogon includes more than 100 species showing extended growth in the many parts of the world .Lemongrass has many medicinal properties as well, like it helps in problem face during cough throat infection etc. The aim of the review was to find the antibacterial/microbial activity of lemongrass extract on various microorganisms in the medium. The antibacterial properties of lemongrass extract have been the subject of numerous studies, with researchers exploring its potential as a natural alternative to chemical-based antibacterial agents.

**Keywords: -** *Cymbopogon Citratus*, Medicinal properties, Antibacterial Agents, Lemongrass.

**Introduction**

In the last many years, there has been more favor in the potential antibacterial properties of natural extracts from various plants. One of its eye-catching plants is lemongrass, known for its aroma and culinary uses. A lot of evidence has been reported the antibacterial effects of lemongrass extract on various microorganisms. The antibacterial properties of lemongrass extract have been proven by many researchers. Citronella oil, for example, a volatile active component derived from the leaves of Cymbopogon citratus (lemongrass), has been demonstrated to exhibit antibacterial action against a variety of microbes. Lemongrass oil extracted from *Cymbopogon citratus* family is attracting attention as one of the extracts. Many evidence has been reported the antibacterial properties of lemongrass oil on an extension of microorganisms, making it an attractive candidate for further studies. A study of (1) showed that lemongrass oil was effective against multi-drug resistant bacteria, with the exception of *Pseudomonas aeruginosa*, in the studies performed. This finding is important because *Pseudomonas aeruginosa* is inherently resistant to many antibiotics, which poses a major challenge in clinical practice. Furthermore (2) demonstrated that the antibacterial activity of lemongrass oil against the novel *Salmonella* was both concentration and time-related, emphasizing the importance of optimizing these factors for efficacy. Citral and terpenes, the two primary components of lemongrass oil, are responsible for the antibacterial activity. Other investigations have shown lemongrass oil's broad terms antibacterial efficacy against a number of microbes. In another study conducted by (3) Lemongrass essential oil was found to be more effective against food borne bacteria and mycotoxin-producing fungi, suggesting that it may have industrial applications as an antimicrobial agent for food preservation. He was Lemongrass oil is also known to have a number of biological functions, including anti-cancer and antioxidant effects (4). The antibacterial effects of lemongrass oil are invaluable not only in the medical field but also in various industrial applications. This in-depth examination focuses on the antibacterial properties of lemongrass oil against an extensive variety of microorganisms. The results highlight the potential of lemongrass oil as a natural alternative to traditional antimicrobial agents. As a result, these indicate that lemongrass oil has potent antibacterial activity against a wide range of microorganisms. In addition, the results demonstrate the power of citronella oil as natural effectors to conventional antimicrobials, especially in areas where drug resistance is abundant. The outcome of this review provides information on the antibacterial activity of lemongrass oil and its potential applications in various fields.

Lemongrass essential oil is a volatile active ingredient extracted from C. citrate. These studies highlight the potential of lemongrass extract as a natural substitute for synthetic antimicrobial agents. In addition, lemongrass extract has been shown to have various natural activities, including (6):

B. Anticancer, antifungal & antioxidant activity Essential oil extracted from lemongrass leaves (6). An important compound in lemongrass oil responsible for its antibacterial properties is citral.

An important compound involved in the bioactivity of lemongrass oil is citral (5). Lemongrass oil extraction can be done in several ways, but steam distillation is the most common method.

Antimicrobial activity is the power of a substance or drug to inhibit & kill microorganisms such as bacteria, fungi, and viruses. Various natural products have been studied for antibacterial properties, including essential oils from plants. These essential oils are drawing attention for their potential as alternative and complementary treatments for bacterial infections. The main moto of this review was to analyze the antibacterial activity of lemongrass extract against various microorganisms in the medium. The antibacterial properties of lemongrass extract have been the subject of numerous studies, with researchers exploring its potential as a natural alternative to chemical-based antibacterial agents.

Amid growing concerns about antibiotic resistance and the need for alternative antimicrobial agents, research on natural plant extracts with potential antimicrobial properties has increased dramatically. . Lemongrass oil extracted from *Cymbopogon citratus* is attracting attention as 1 of the extracts. Many evidence has been reported the antibacterial properties of lemongrass oil on a variety of microbes, making it an attractive candidate for further studies.

A study by (1). Found citronella oil to be more damage against multi-drug resistant bacteria, except *Pseudomonas aeruginosa* species, in the studies performed. This finding is important because Pseudomonas aeruginosa is inherently resistant to many antibiotics, which poses a major challenge in clinical practice. In addition, Moore-Neibel et al. in his research experiment that antibacterial ability of lemongrass oil against *Salmonella Newport* was concentration and time-taking, emphasizing the importance of optimizing these factors for maximum efficacy. The antibacterial effect of lemongrass oil can be attached to its main components, citral,& terpenes. A study by Bhattacharya et al… shown that lemongrass oil has a significant effect on Gram-positive bacteria. In addition, lemongrass oil has been shown to have fungicidal effects against the genera Aspergillus, Chaetomium, Myrothecium, Penicillium, and Trichoderma (3). It belongs to me. Another study by (2). Lemongrass oil has shown to be powerful on food borne bacteria & mycotoxin-producing fungi, suggesting that it may have industrial applications as an antibacterial agent for food preservation. The antibacterial effects of lemongrass oil are invaluable not only in the medical field but also in various industrial applications. This comprehensive review focuses on the antibacterial power of lemongrass oil on various microorganisms. The results of these studies highlight the potential of lemongrass oil as a natural alternative to traditional antimicrobial agents. The results of these studies indicate that lemongrass oil has potent antibacterial activity against a wide range of microorganisms. In addition, the results demonstrate the power of citronella oil as a natural alternative to conventional antimicrobials, especially in areas where drug resistance is abundant.

**Properties**

Lemongrass is a versatile herb with many properties that make it a valuable addition to any kitchen or garden. Lemongrass is best known for its unique taste and aroma. The leaves and roots of the plant are especially fragrant and add a unique touch to many dishes. Lemongrass not only improves the taste of the dish but also provides many health benefits. One of the most important properties of lemongrass is its antibacterial properties. Studies show that lemongrass extract contains antibacterial compounds that inhibit the growth of harmful bacteria. Lemongrass also has antiviral properties, so it is effective in preventing viral infections. In addition, lemongrass has been shown to have less chance of having cancer properties. According to studies, lemongrass extract includes substances that can stop the growth of cancer causing cells and trigger the stages of apoptosis, or cell death. In addition, lemongrass exhibits antioxidant properties and helps normalize the harmful free radicals in the body(7). This free form of radicals can damage cells and contribute to various spreadable diseases. In addition to the health benefits, lemongrass also has practical uses. On a larger scale, citronella plants are often grown and harvested to produce citronella-derived products such as citronella essential oil and mosquito repellents.



*Figure 1: - Beneficial properties of lemongrass, it helps to boost the immune system in humans. Strengthens and stimulates the nerves. Helps cure bacterial or microbial infections. (6)*

Lemongrass is a plant which is used in old herbal medicine due to its various beneficial properties. The oil taken out from lemongrass contains active compounds such as citral and terpenes that contribute to their antibacterial effects. Several studies have evidenced that lemongrass oil has broad-spectrum antibacterial activity against various microorganisms. Antibacterial activity of lemongrass against environmental microorganisms several studies have provided the information of the antibacterial activity of lemongrass against various environmental microorganisms. These studies show that lemongrass essential oil has superior antibacterial properties on microbes like Gram-positive & Gram-negative bacteria, as well as some fungi. For example, Cymbopogon citratus essential oil has shown high action against a number of Gram-positive bacteria (6). Many biological effects of lemongrass oil have been discovered, including antioxidant and anti-cancer effects (5). The antibacterial effects of lemongrass oil are invaluable not only in the medical field but also in various industrial applications. This comprehensive review focuses on the antibacterial power of lemongrass oil on a variety of microbes. The results of these studies highlight the potential of lemongrass oil as a natural alternative to traditional antimicrobial agents. The outcome of the studies confirms that lemongrass oil has major antibacterial/microbial action against an array of microorganisms.

**Antimicrobial Capabilities**

It is believed that the antibacterial effects of lemongrass are due to components such as citral and terpenes. These substances were identified as having antibacterial action against many types of microorganisms, including bacteria & fungus.

Antibiotic resistance has become a global health problem, necessitating the search for alternative strategies to combat bacterial infections. Lemongrass has long been known for its therapeutic benefits, including antibacterial activity. Several studies have reported the antibacterial properties of lemongrass extracts against various microorganisms (source). The antibacterial properties of lemongrass extract have been evidenced the subject of several studies in recent years. These studies demonstrate that lemongrass extract has potent antibacterial activity against a variety of microorganisms. For example, citronella essential oil taken out from the leaves of *Cymbopogon citratus* (lemongrass) has shown to have antibacterial/microbial properties against the common fungal pathogen Candida albicans (7). In addition, the presence of essential oils contained in the lemongrass extract contributes to its antibacterial effects. The main compound responsible for the antibacterial effects of lemongrass extract is citral, which is present in large amounts. In addition to antibacterial properties, lemongrass extract also has other biological activities such as anti-cancer and antioxidant properties (5). These properties make lemongrass extract a potential candidate for a variety of uses, including as an herbicide, a food preservative, and for the treatment of orthopedic, muscle, & skin problems (5). In plus point, lemongrass extract has been shown to have antibacterial capability on *Salmonella enteritidis* and *Listeria monocytogenes*. The conflicting results on the antibacterial power of lemongrass extract on *Listeria monocytogenes* in Thai Tom Yum spice reported in a study were attributed to differences in extract composition and concentration production is used.

Lemongrass extract exhibits remarkable antibacterial activity against various microorganisms. These findings evidence that lemongrass extract has the power to be used as a natural antibacterial messenger in a variety of applications. In addition, the presence of citral and essential oils in lemongrass extract further contributes to its antibacterial properties. In addition, further research had yet to come to understand the specific working by which lemongrass extract exerts its antibacterial effects & to explore its potential as an alternative to synthetic antibacterial agents. The antibacterial effects of lemongrass extract on various microorganisms have been studied extensively. This study provides valuable insight into the potential of lemongrass extract as a natural antibacterial agent. In addition, studies have shown that lemongrass extract is effective against multidrug-resistant bacteria, with the exception of Pseudomonas aeruginosa. Lemongrass extract is a promising natural antibacterial agent as it exhibits remarkable activity on a numerous microorganism, including *Candida albicans* and *Salmonella.*

In summary, the antibacterial power of lemongrass extract has been extensively studied and shown to be effective against a wide range of microorganisms (6). These results conclude that lemongrass extract can be used as a natural antibacterial agent in various applications such as food preservation and medicine. In addition, its effectiveness against drug-resistant bacteria makes it an attractive alternative to synthetic antimicrobials. Overall, research on the antibacterial activity of lemongrass extract highlights its potential as a natural and effective alternative to synthetic antibacterial agents.

Studies on the antibacterial activity of lemongrass extract show that it has great potential as a natural and effective substitute for synthetic antibacterial agents. This is supported by studies showing its effectiveness against a variety of bacteria, including *Candida albicans* and Salmonella Newport. In addition, the presence of citral and essential oils in lemongrass extract further contributes to its antibacterial properties.

Additionally, using lemongrass extract as a natural antibacterial can also benefit the environment as it reduces our dependence on synthetic chemicals that can negatively impact the ecosystem.

Overall, studies on the antimicrobial activity of lemongrass extract provide valuable insight into its potential as a natural alternative to synthetic antimicrobials.

The antibacterial quality of lemongrass extract against multiple varieties of microorganisms has been extensively studied and proven effective, making it a promising natural alternative to synthetic antibacterial agents. The antibacterial properties of lemongrass extract make it a valuable resource for various applications such as food preservation, medicine, and environmental protection. Essential oils extracted from lemongrass leaves have an extended biological activity, including anticancer, antibacterial/microbial, antifungal, & antioxidant properties (**5).**

**Environmental Microbes**

The antibacterial effects of lemongrass can have a significant impact on the bacteria in the environment. By emphasis on the growth and survival of bacteria & fungi, lemongrass extracted oil helps prevent the spread of harmful microorganisms in a variety of environments. This is especially beneficial in environments where microbial contamination poses risks to human health, such as hospitals, food processing factories, and home environments. In addition, using lemongrass oil as a natural antibacterial agent can reduce dependence on synthetic chemicals and antibiotics, contributing to a sustainable and environmentally friendly method of bacterial control(38).

## Table 1: - Impact of Lemongrass extracts/oil against the microbes of the environment (39).

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## Antimicrobial Activity

Further study of antibacterial quality of lemongrass extract towards environmental bacteria is warranted. Understanding lemongrass extract and its ingredients

Lemongrass essential oil contains major compounds called ‐citral and ‐citral stereoisomers, as well as myrcene, which contribute to its antibacterial properties. These compounds exhibit antibacterial, antifungal, and insecticidal properties, making lemongrass extract a potential natural alternative to combat microbial growth.

The role of lemongrass extract in fighting germs

Due to its antibacterial properties, lemongrass extract has the potential to be used as a natural substitute for synthetic antimicrobial agents in various applications. Its extended form of biological activities, including antibacterial/microbial, antifungal, & antioxidant properties, make lemongrass oil possible for use as an herbicide and food preservative (5). In addition, lemongrass extract has also been used in chiropractic and treatment of muscle and skin problems.

**Antimicrobial/Microbial Studies**

Several explorations have investigated the antibacterial power of lemongrass against various microorganisms in the environment. These studies demonstrate that lemongrass oil has general-purpose antibacterial action against quite a few of pathogens, including Gram-positive as well as Gram-negative bacteria. For example, Cymbopogon citratus essential oil has evidenced to be effective against various strains like Gram-positive bacteria (6).

Research on antibiotics contributes role in understanding and combating the growing threat of drug-resistant infections. Researchers and public health are facing a global problem due to the emergence and increasing resistance of bacteria (10). In the Global Report 2021 on Antimicrobial power of survive and Surveillance Systems published under the World Health Organization, antibiotic resistance is among the top 10 global health problems threatening humanity (10).

The impact of antibiotic resistance is particularly pronounced in resource-poor countries, where bacterial infections are common and antibiotics play an important role in infectious disease control (9). To minimize the rise of resistance, it is important to visualize drug resistance through surveys that regularly document the epidemiology and local prevalence of bacterial resistance (9). Today, the topic of antibiotic resistance is a top priority in the global medical and research community. Antibiotic resistance is a serious problem that needs urgent attention. As the World Health Organization's warning has pointed out, these drug-resistant strains emphasis a serious danger to human health(11).

*“Antibacterial ability: If we don't act today, there will be no cure tomorrow “*

To meet this urgent need, researchers and scientists around the world are focusing on the development of novel antibacterial agents with well-defined mechanisms of action against bacteria. And less likely to promote further resistance. Increase. Antibiotic research aims to discover new compounds and strategies that can effectively fight drug-resistant infections. One approach is to study natural compounds with antibacterial properties, such as plant extracts and essential oils (28) these studies aim to identify potential alternatives to conventional antibiotics and provide information on their efficacy and safety. In addition, researchers are studying combination therapies that use multiple antibiotics simultaneously to increase effectiveness and reduce resistance. In addition, it is increasingly clear that the judicious use of antimicrobials is critical to preventing the spread of resistant bacteria. In current years, there has been driving interest in the reuse of existing substances that were previously used for other purposes but have demonstrated antimicrobial activity (31). The researchers hope to explore these agents and conduct further studies to identify new applications for them in the ability of killing of drug-resistant infections.

The impact of antibiotic power of survive goes beyond individual patients and healthcare settings. It has serious socioeconomic impacts as it can lead to increase in the health care price, longer stay in hospitals, and highest mortality rates. Therefore, it is important to conduct detailed and comprehensive research on antibiotics to ensure their effectiveness in fighting resistant infections (33). These studies play an important role in informing clinical practice and policy decisions regarding the rational use of antibiotics. One notable research in this area is the study of natural products with antibacterial properties. The goal of this experiment is to look at the power of natural chemicals like plant extracts and essential oils to give different treatments for drug-resistant sickness (25). These studies examine the antimicrobial quality of various natural compounds against power of survive bacteria in the laboratory. The researchers evaluated the potency and potency of these compounds by performing experiments such as agar plate diffusion test and minimum inhibitory concentration test(12). In addition, in vivo studies are underway to analysis the safety & efficacy of these natural compounds in animal models. By studying natural compounds, researchers have discovered several promising antibacterial agents. One notable area of ​​research in this area is the study of medicinal plants used in traditional and Ayurvedic medicine. These plants have been used in old fashion practices for many last previous years and are believed to have antibacterial properties. Through rigorous scientific testing, researchers were able to identify specific compounds in these plants that exhibit potent antibacterial activity (27).  The environment is full of microorganisms such as bacteria and fungi. Although these bacteria roleplay an important effort in various ecological processes, some species can also pose a threat to human health and well-being. Infections in people and animals can be caused by harmful bacteria namely *Staphylococcus aureus* & *Escherichia coli,* as well as fungus like *Candida albicans*. The antibacterial effect of lemongrass helps control the growth and spread of these harmful microorganisms in the environment. Additionally, other studies have shown that lemongrass oil is effective against keratolytic fungi, ringworm, and food-preserving fungi (24). Given these findings, it is undoubtedly that lemongrass oil shows promise as an organic antibacterial agent for environmental applications. In addition to antibacterial properties, lemongrass essential oil is also an herbicide and insect killer.

**Efficacy against Microbes**

Based on the available evidence, it is undoubtedly that lemongrass oil has significant antibacterial power against various microorganisms found in the environment.

Lemongrass extracted oil has been shown to be effective on *Aspergillus* & *Trichoderma* fungi, as well as Gram-positive bacteria. Prove. This antibacterial power may be due to the availability of components such as citral & terpenes that have been shown to have antibacterial properties. This suggests that lemongrass oil can maintain its potency using certain processing techniques (33). The antibacterial activity of lemongrass oil makes it a potential candidate for various environmental applications. For example, it can be used as a natural alternative to traditional chemical pesticides and herbicides. Additionally, lemongrass oil has many bioactivities, including anticancer and antioxidant properties, making it a versatile compound suitable for many applications (5). Overall, the antibacterial activity of lemongrass against microorganisms in the environment makes it a promising natural substitute for a variety of applications.

 

*Figure 2 and 3: -The extract of lemongrass shows the repressive effect against aerobic organisms like staphylococcus aureus & E.coli. Showing 24mm of zone of inhibition and no repressive effect against anaerobic organism like clostridium perfringens. (Reference-https://www.researchgate.net/publication/348724390\_ANTI-MICROBIAL\_EFFECTIVENESS\_OF\_LEMON\_GRASS\_OIL\_CYMBOPOGAN\_CITRATE\_ON\_AEROBIC\_&\_ANAEROBIC\_ORGANISMS)*

The growing threat of antibiotic resistance highlights the need for alternative treatments for bacterial infections. One widely studied solution is the antibacterial activity of lemongrass extract. Several studies have evidenced the antibacterial power of lemongrass extract against a variety of microorganisms(13). For example, a study performed on S. enteritidis showed that the crude ethanol extract of lemongrass had a zone of inhibition of these bacteria of 24 mm, showing significant antibacterial activity. Another study contradicted these results and found that lemongrass in Thai Tom Yum seasoning did not inhibit Listeria monocytogenes bacteria. However, in the present experiment, the results outcome evidenced that the antibacterial power of lemongrass extract against both types of bacteria. Enterica Enteritidis and L. monocytogenes. This difference in results could be due to different extraction methods, different concentrations of lemongrass extract used, or different strains of microorganisms tested. In addition, according to some sources, citronella extracted oil compound from the leaves of *C. citratus* has been shown to have antibacterial properties against a variety of microorganisms. The various antibacterial properties of lemongrass extract make it a promising vote for an alternative treatment against infections from bacteria(14).

Many studies have suggested that lemongrass extract and its essential oil have significant antibacterial activity against various microorganisms. This antibacterial effect has been demonstrated against bacteria such as *Staphylococcus aureus*, *Streptococcus mutans*, *Porphyromonas gingivalis* and *Prevotella* intermedia (26). In addition, lemongrass extract also showed inhibitory effects on fungi and yeasts. These findings emphasis lemongrass extract's usefulness as an organic antibacterial agent. The antibacterial activity of lemongrass extracts against various microorganisms in the environment has been studied extensively. Several studies have reported inhibitory and bactericidal effects of lemongrass extract against microorganisms such as *Staphylococcus aureus, Streptococcus mutans*, *Porphyromonas gingiva*lis, and *Prevotella intermedia*. The antibacterial activity of lemongrass extracts against these microorganisms was observed at concentrations ranging from 100% to 0.025%. Moreover, lemongrass extract has not only antibacterial properties but also other biological activities such as anticancer, antifungal, and antioxidant. In addition, the outcome of these evidence suggest that lemongrass extract has significant antibacterial activity against a variety of microorganisms (29).

**Environmental Health**

The antibacterial properties of lemongrass oil make it a valuable tool for promoting environmental health. By effectively emphasis the growth of harmful bacteria & fungi, lemongrass essential oil helps prevent the spread of infections and diseases in various environments. This natural antibacterial agent can be used in many applications, including disinfecting surfaces, treating water sources and controlling microbial growth in agriculture. In addition, (12) Lemongrass oil can be used as a natural substitute for synthetic herbicides and pesticides. Its effectiveness against keratolytic, ringworm and food preservation fungi open up potential applications in maintaining the health and safety of environments such as hospitals, food processing plants, and agricultural land. Further studies (24) should also examine the working of action of lemongrass oil against different microorganisms to better understand its antibacterial properties. Additionally, more research is yet to come to explain the optimal concentration and formulation of lemongrass oil for different uses. As the antimicrobial potential of lemongrass oil is better understood, its effects can be exploited to develop green and sustainable solutions to combat pathogenic bacteria in a variety of environments. Harnessing the antibacterial properties of lemongrass oil could help create a cleaner, safer environment for human health and agricultural productivity(15).

**Conclusion**

Lemongrass essential oil has strong antibacterial action against an extensive number of environmental microorganisms. More research is needed to fully explore the power capability of lemongrass oil as an antibacterial caring messenger and to optimize its effectiveness in different environments.

Based on the findings of past research and our own, it is obvious that lemongrass oil has substantial antibacterial action against an extensive number of microorganisms prevalent in the environment. These findings emphasis lemongrass oil's capabilities as nature occurring messenger and effective alternative to man-made antibacterial messenger. The continued research and development of antibacterial products based on lemongrass essential oil may lead to the development of environmentally friendly disinfectants, herbicides, and pesticides. In summary, the antibacterial effect of lemongrass against various environmental microorganisms has been well documented. These studies conclude that lemongrass essential oil is effective power on Gram-negative, Gram-positive bacteria, & yeast and fungi. This non-selective activity makes lemongrass oil a valuable tool in fighting bacterial and fungal infections in the environment. Additionally, lemongrass oil has been shown to have herbicide and insecticidal effects, suggesting its potential for broader environmental health applications.

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